

# Barking and Dagenham YellowAdvertiser



EST. 1976

THE WINDOW MAN

"Your Friend in the Trade"

SPECIALIST IN DOUBLE GLAZING REPAIRS

- Misted Units?
- Draughty Windows?
- Broken Hinges?
- Sliding Door Wheel-Set Failure?
- Dropped Door?
- Door Locks
- Also Installers of New Windows and Doors

Now also specialising in timber repairs and replacements.

Fully experienced engineers and installers with over 30 years experience and more than 10 years serving the local community

NO CALL OUT CHARGE  
FREE ESTIMATES

Tel: 01268 527112

8am-8pm  
www.thewindowmanessex.net

Thursday, March 28, 2013

WIN TICKETS  
TO SEE ROCK  
OF AGES

See p2



**BLINDS**

WE MANUFACTURE BLINDS IN 7 DAYS

LOCALLY MADE VERTICAL BLINDS, ROLLER BLINDS,  
VENETIAN BLINDS, CONSERVATORY ROOF BLINDS, WOOD BLINDS,  
CANOPIES/AWINGS PLUS WOOD SHUTTERS

FREE HOME ESTIMATES  
FREE FITTING WITH THIS  
ADVERTISEMENT

BUY DIRECT  
SAVE £££s

Blind Gallery

0800 526385

Main Showroom: 459 High Road Woodford Green  
Open 6 Days - Mon - Sat 9.30am - 5pm

Factory Showroom: Unit 6G, Barking Business Centre  
25 Thames Road, Barking Essex, IG11 0JP  
Open Mon - Fri 9am - 4pm

**DENTS UK**

Accident Repair & Alloy Refurbishment Centre

OVER 20 YEARS EXPERIENCE!

All makes and models

High Tech Facilities

Low Bake Oven

Free delivery and collection

- All Types of Welding
- MOT and Servicing
- Paintless Dent Removal
- Alloy Wheel Refurbishment
- Excess Paid / Courtesy Car Available
- Free Insurance Company Approved Estimates
- All repairs to highest standard

FREEPHONE: 0800 0439 514 • 020 8514 8838  
490 High Road, Ilford, Essex IG1 1UE

www.dentsuk.com

We will write  
**YOUR WILL**  
FOR ONLY **£49.99**  
+VAT

**PARAGON LEGAL SERVICES LTD**  
AFFORDABLE EXCELLENCE ENDORSED BY  
OVER 10,000 SATISFIED CLIENTS

Let one of our local professionals offer expert advice and create your Will in the privacy of your home, including day or evenings at no extra charge

**CONCERNED ABOUT CARE FEES?**  
**ASK US ABOUT YOUR RIGHTS**

Call Free **0800 0747 642**

8am-10pm weekdays, 9am-5pm weekends  
Call us for a free home appointment and request your free information pack on Wills, Trusts, Power of Attorney and Probate

Regulated by the Society of Will Writers  
and Estate Planning Practitioners

Dagenham Police Station to remain open while Barking station will close

## POLICE STATION SPARED THE AXE

By Pat Jones

barking@yellowad.co.uk

PEOPLE power helped to save a borough police station from closure in London Mayor Boris Johnson's Crime and Police Plan for the capital, according to a leading local councillor.

Dagenham police station escaped the axe and will remain open for 24 hours a day, although Barking Station is to be replaced by a new front day time only counter service, which will relocate to the Barking Learning Centre.

Four other contact points for non-urgent face-to-face contact will open across the borough.

Residents who fought the mayor's plans were praised by Jeanne Alexander, the borough council's cabinet member for crime, justice and communities.

She said: "I would like to thank the residents who attended the meeting with Stephen Greenhalgh, the deputy mayor for policing, and those who sent in written responses to the consultation. Although it was at short notice, almost 130 of you attended and made your views known until late in the evening.

"Your voices were heard loud and clear on the night and the views you expressed must have played a very important in the final decision.

"She continued; "It is good news Dagenham Police Station and the building at Marks Gate will remain open.

"The council is committed to provide a front counter in Barking Learning Centre to replace Barking Police Station.

"The priority is to secure as many as possible. We were promised more and we want that promise honoured."

## Factbox

■ Initially Barking and Dagenham Police Stations were identified for closure plus the safer neighbourhood base at Marks Gate.

■ Both the Dagenham station and Mark Gates building have been reprieved and although Barking station will close there will be a front counter service at Barking Learning Centre, open for a minimum 40 hours a week.

■ Four contact points for non-urgent matters will be set up at Marks Gate, in Romford, 22 Farr Avenue, Barking, 442 Hedgemans Road, Dagenham and 2 Station Parade, Dagenham.

## Pupil takes up challenge

PUPIL Samantha Vaknin stepped in to save the day when her school team dropped out of an entrepreneurial challenge.

The student from King Solomon High School took up the cudgels with her 'walking art' tie dyed T-shirts.

The Barking side school had accepted the MATCH challenge (Matchroom Sport Apprentice Team Challenge for Hospice Care) sponsored by businessman and Leyton Orient chairman Barry Hearn, designed to raise cash for Havering-atte-Bower's St Francis Hospice.

The idea was for students to produce a business plan and receive £250 start up money to carry it out.

The original team had intended to design and print T-shirts, but as the year went by all its members dropped out, and Year 10 student Samantha Vaknin stepped in a few weeks ago.

She presented her tie dye designs that she described as 'walking art' to Barry and hospice CEO Pam Court.

Barry was full of praise for Samantha's entrepreneurial skills. "Samantha is a really determined young lady and I'm just sorry that she wasn't involved from the outset of the project."

Thanks to Samantha's success in this short period, King Solomon High School has decided to enter a



RESCUED: Student Samantha Vaknin saved school challenge with her T-shirts, with Barry Hearn

number of teams from their Year 10 students into the 2013 challenge.

Members of the winning team will receive an iPad3 each and the chance of work experience at the hospice

and Matchroom Sport. Barry, who owns Matchroom Sport and is a mentor for the students, said: "MATCH can benefit young people and hospice.

The students can develop their business skills and team working and hopefully the hospice will gain funds from any profit the young entrepreneurs make."

Becontree, Becontree Heath, Chadwell Heath, Creekmouth, Rush Green, Parsloes Park, Upney



## INSIDE this week



**Scientific students wow PM**

page 12

## Yellow Advertiser

**Yellow Advertiser Ltd, Acorn House, Great Oaks, Basildon, Essex SS14 1AH.**

The office is open between 8.30am-5.30pm from Monday to Thursday and until 5pm on Friday.

**Editor:** Mick Ferris

**Publishing director:** Scott Wood

**Switchboard:** 01268 503400

**Advertising:** 01268 503450

**Fax:** 01268 503418/9 and 503455

**Editorial:** 01268 503492

**E-mail:** waltham@yellowad.co.uk

**Distribution:** Contact Caroline Wilson on

020 8364 4040 or e-mail

distribution.enfield@nlhnews.co.uk

**Leaflet sales:** 01268 503386

For all reader travel bookings and

enquiries call 0845 226 7747

### Tindle Newspapers Ltd

Printed by Trinity Mirror plc, St Albans Road, Watford, Herts. The Yellow Advertiser Ltd is registered as a newspaper by Royal Mail.

Recycled paper made up 80.3 per cent of the raw material for UK newspapers in 2005.



## Competition

# WIN! TICKETS TO SEE HIT MUSICAL ROCK OF AGES

GRAB your air guitar and rock down to the Garrick Theatre in London's West End to see the worldwide smash-hit musical, Rock of Ages.

The legendary show, described as a 'Great Experience' by Alice Cooper, features a potent mix of 80s-themed hilarity and eyebrow scorching tunes including: 'Don't Stop Believin'', 'We

Built This City, The Final Countdown, Wanted Dead or Alive, Here I Go Again, Can't Fight this Feeling and I Want to Know What Love Is.

The five-time Tony nominated musical has moved to the Garrick Theatre in London's West End following a year of ovation-inducing performances at the Shaftesbury Theatre.



In its new home London's funniest and most raucous

musical, which won Best Musical in the 2011 Broadway World West End Awards, is offering even more competitively priced tickets and is now taking bookings throughout 2013.

For further information and tickets visit [www.rockofages-musical.co.uk](http://www.rockofages-musical.co.uk)

To win one of two pairs of tickets to the show just answer the following question:

**Q: What is the missing word from the featured song lyric: "We built this city on .... and roll?"**

**A: Rage**

**B: Rock**

**C: Rain**

To enter the competition telephone your answer - A, B or C - to 0901 307 0204 along with your name, address, telephone number and e-mail. Alternatively text YAAGES (space) followed by A, B or C,

and your name, full address and e-mail to 63333. Calls cost 51p from a BT landline. Calls from other networks may vary and from mobiles will cost considerably more. Texts cost 50p plus your standard network rates. If you do not wish to receive details on any other products or services, please text EXIT at the end of your message. Lines close on Thursday, April 4, 2013. Entries received after the closing date will not be counted but may still be charged.

### Terms and conditions

Tickets are valid for one performance at 7.45pm, from Monday to Thursday, or 3pm Friday, up until April 29, 2013, subject to availability. There is no cash alternative. Prizes are non-refundable, non-transferable and not for resale.



STANSTED AIRPORT		
<b>SHUTTLE</b>	<b>TAXI</b>	<b>MINIBUS</b>
£ <b>20</b>	£ <b>35</b>	£ <b>52</b>
One seat	Up to 4 seats	Up to 8 seats
£30 for 2 seats	NO Parking or Pickup charges	£120 for 9-16 seats
<b>0203 318 2989</b>		

All prices correct as of date of printing Mar 2013 and apply when leaving a return ticket, and purchased at least 2 days in advance. Single prices • OTHER PORTS available to and from Zone 1, Gatwick, Loughborough etc.

To  
advertise  
in the  
*Classified*  
section of  
this paper  
call now on  
**01268 503400**



**Best on Care &  
Best on Prices!**

**Dog Vaccine Booster £18.95  
or Course £38.95**

**Cat Vaccine Booster from £13.95  
or Course from £28.95**

**Cat Castrate £21.95 or Spay £34**

**Dog Castrate from £65 or Spay from £95**

**Ask About Our Price Promise!**

**Tel: 0208 595 5818**

191 Broad Street, Dagenham, RM10 9JD

Open: Mon - Fri 9am - 7pm & Sat 9am - Noon

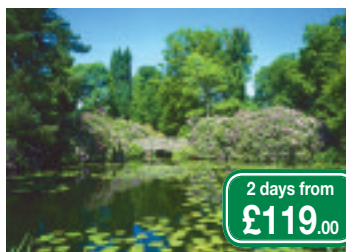


[facebook.com/bestfriendsvetsdagenham](https://www.facebook.com/bestfriendsvetsdagenham)

### COACH HOLIDAY

Travel Offer

Newmarket  
Holidays



2 days from  
**£119.00**

### Chester and the Tatton Park Flower Show

Bursting with summer colour & vibrant displays  
Departs 27 July 2013

Bursting with summer colour, the Tatton Park Flower Show is one of the highlights of the gardening year. See the latest in garden design, get advice and inspiration and return home full of ideas!

**Includes** Return coach travel • One night's dinner, bed and English breakfast accommodation in a good hotel in the North West area • Entrance to the Tatton Park Flower Show • A visit to Chester • The services of a Tour Manager

[www.newmarket.travel/yel15418](http://www.newmarket.travel/yel15418)

**0843 316 1109 quoting code YEL**

Organised by Newmarket Promotions Ltd. ABTA V787X. Subject to availability. Single supplements apply. Calls cost 4p per minute.



### COACH HOLIDAY

Travel Offer

Newmarket  
Holidays



3 days from  
**£149.95**

### Wimbledon

Departs 6 July 2013

This is your chance to soak up the unique atmosphere of Wimbledon over the final weekend, savouring those famous strawberries and cream - celebrity spotting, before taking your seat on No.1 Court, to watch the stars of tomorrow and yesterday compete in the finals of the Junior and Veterans' events.

**Includes** Return coach travel • One night's bed and continental breakfast accommodation at a three-star hotel in the London area • A full day at Wimbledon with a reserved seat on No.1 Court • A visit to Windsor • The services of a Tour Manager

[www.newmarket.travel/yel11410](http://www.newmarket.travel/yel11410)

**0843 316 1109 quoting code YEL**

Organised by Newmarket Promotions Ltd. ABTA V787X. Subject to availability. Single supplements apply. Calls cost 4p per minute.





## Special report: Food standards

By Suzi Muston



SERVING UP: Mark Bull, head of refectory at Barking and Dagenham College

Picture by Roy Tillett

## High marks for college

BARKING and Dagenham College's student refectory has been awarded the highest possible food hygiene rating by the Food Standard Agency (FSA). The FSA has a five star national

Food Hygiene Rating System where zero is the lowest and five is the highest.

The College's refectory has received the highest score of five stars.



GREAT NEWS: William Kaya from Brothers Fish Bar

## Chippy's top rating

STAFF at the Brothers Fish Bar said they were thrilled to receive the highest level of food hygiene award.

Owner of the Station Road venue in Chadwell Heath, William Kaya, said he and his family worked hard to provide the best food possible for their customers.

William said: "Some of my brothers left the business so it's being run by me and some other members of my family. I love working here though.

"I'm not surprised we've got the highest rating, but its great news all the same."

## GARAGE DOORS

**CRAZY SALE MADNESS**

Top of the range 'remote controlled' insulated aluminium rolling garage door, superb product maintenance free. Totally secure and fully guaranteed. RRP £2,155.00

**NOW JUST £699**

**INC VAT & FITTED FREE!!**

TO SEE THIS 'SEGURO' DOOR WITHOUT ANY OBLIGATION

**TEL: 01245 361676** REF RPS

Contact our office for 'FREE FITTING OFFER'  
[www.segurogaragedoors.co.uk](http://www.segurogaragedoors.co.uk)

## PERSONAL CASH LOANS

**From £100 Upwards without Security**

**LR FINANCE**  
**020 8883 0302**

**Written Quotation on Request**

Compare the price of home collected and other cash loans available in your area at

[www.lenderscompared.org.uk](http://www.lenderscompared.org.uk)

All home credit customers are entitled to a free detailed statement every 3 months; just ask

## CONCRETE BUILDINGS

CONSERVATORIES • SHEDS • GARAGES • WORKSHOPS



**Wide range of sizes, styles and finishes 1/3 of the cost of brick buildings.**

**All buildings delivered and erected. Old buildings cleared. New concrete bases laid**

**OFFICES • STORES GAMES ROOMS & OTHER VARIOUS USES**

**Please ring for your FREE brochure**

## Challenge Concrete Products



- Fencing
- Timber & uPVC Clad Sheds
- Balustrade Walling
- Concrete Paving and Edging Stones
- Concrete Coping Stones & Pier Caps
- Garage Roofs Replaced



**CONSERVATORIES FROM £2850**



Telephone or visit our showsite at:

**R.PAGE CONCRETE BUILDINGS LTD**

951-953 High Road, Chadwell Heath, Romford, Essex, RM6 4HB

A family run business since 1959

**Tel: 020 8590 3701**

[www.rpageconcretebuildings.com](http://www.rpageconcretebuildings.com)

## ALPHA CARS

**24 HOURS CONTROLLED**

Open Day n Night 365 days a year



**7-17 Seater Mini Buses Available**

**Local and Long Distance**

**020 8591 8000**

**020 3288 2044**

Email: [alpha-cars@live.co.uk](mailto:alpha-cars@live.co.uk)

Debit/Credit card payments through Paypal



Licensed by Transport for London





# More officers on the beat promised as Boris launches police reforms

LONDON Mayor Boris Johnson launched his plan for police and crime in the capital on Monday.

The Mayor's Office for Policing and Crime (MOPAC) promises to put more officers on the streets, drive down crime and make policing more efficient by reforming the Met and boosting safer neighbourhood teams.

Publication followed eight weeks of public consultation, which showed public support for putting bobbies before buildings – eight in 10 Londoners agree that maintain-

ing police officer numbers should be the priority for spending.

And the plan -

■ delivers 2,600 more officers into neighbourhood teams to boost local policing by 2015.

■ Sets up almost 100 contact points identified in Safer Neighbourhood Team bases and police stations, in addition to contact points in civic buildings such as libraries and hospitals, and

■ Relieves 12 city police buildings earmarked for closure under the draft plan.

The Mayor's priority for policing in London is to maintain officer numbers and keep local police out on the streets.

A poll commissioned by MOPAC as part of the consultation showed eight in 10 Londoners agreed this should be the priority ahead of keeping police buildings open, which are expensive and often under-used.

Putting more officers on the streets was the most popular option for making Londoners feel safe, with almost half (49 per cent) mak-

ing it their top choice.

The poll also found strong support for the Met's reforms to local policing to make the police more visible, accessible and accountable to local people.

When asked what would improve the work of the local neighbourhood police teams, Londoners' top priority (42 per cent) was for "more constables dedicated to neighbourhood policing", followed by "neighbourhood officers available for longer hours in the day and evening" (31 per cent).

## Redbridge seal bronze in inaugural event

REDBRIDGE took bronze in the inaugural Balfour Beatty London Youth Games Inclusive Zone Basketball tournament.

Six months on from the London Paralympic Games, the ground breaking competition was held at the Sportsdock Arena at the University of East London last Tuesday.

Run in association with England Basketball, Inclusive Zone Basketball is a four-a-side game, developed to enable players who cannot participate in a full game of basketball to enjoy playing the game. The zones used enable players to be matched in their abilities within these zones.

The middle zone is for two players on each side using wheelchairs while the outside zones on either side is for non-wheelchair competitors. Redbridge fought hard throughout the group stage and did manage a great 4-2 victory over Haringey. However Southwark and Richmond proved too strong leaving Redbridge in third going into the knockout stages.

In the semi-finals Redbridge were aiming

for revenge but they were unable to get the better of Richmond and went down to 6-0 defeat.

This left them fighting it out for the bronze medal with Haringey and in a tight affair Redbridge took a three point lead right on the buzzer for half time and held on in the second half despite Haringey's best efforts.

Redbridge team manager Austin Kentebe was immensely proud of his team.

"I'm very proud. I mean this is a brand new sport for them. None of the players we brought are basketball players and we're from a school with a lot of physical disabilities in there so we made sure we brought kids who fitted the profile for this sport and I'm very proud of them. They did very well."

"For a lot of them this is the first tournament they've ever actually done. Psychologically it's a lot different than playing at school, it's a lot different than playing in the playground, so they adapted to that well."



BRONZE: Redbridge's wheelchair basketball team

➤ speedread

## Support for council over spitting and urinating ban

WALTHAM Forest Council has received support for its ban on filthy habits on its streets.

Fines of £80 for spitting or urinating in public have been praised by members of the public from all over the UK, local schools and colleges.

Clyde Loakes, the council's deputy leader and cabinet member for environment, who has found himself booked to talk to schools about the ban, said: "Other councils have also approached us for advice on introducing the measure themselves."

He added: "I think it is safe to say the huge groundswell of opinion is firmly behind what we doing."

"Spitting and urinating in the street is disgusting, plain and simple. Residents don't want it and we intend to stop it."

## Easter fun at indoor market

WOOD Street indoor market has a special Easter event on Saturday with a make your own Easter bonnet competition and vintage fashion parade, plus resident DJ and cocktails.

## Community group to host Easter Cup

SALAAM Peace Community Engagement programme hosts its 2013 Easter Cup at Lammam School, Leyton.

It features a five-a-side football competition, multi-sport tasters and workshops for under 10s, 12s and 15s and 16+.

The event takes place on Tuesday, April 2.

# Dreamland Beds and Furniture

## HUGE MATTRESS RANGE IN STOCK



All Quality  
Mattresses  
From  
£35

### Slumberland Mattresses



- 12 year warranty  
- Posture Flex Springs  
- Quality Damask  
**Slumberland**  
Available in 3', 4'6" and 5'

From £299

Huge Selection of bedsteads  
Divan Beds and Faux Leather Beds.  
FREE ASSEMBLY OF WARDROBES

Established since 1995  
www.dbflondon.com

Unit 2b, Hickling Road  
(Off Ilford Lane)  
Ilford  
Tel: 0208 478 7775  
Opening Times:  
Mon - Sat 10.00 - 5.30  
Sun 11.00 - 4.00

205 Mile End Road  
London E1  
Tel: 0207 702 8099  
Opening Times:  
Mon - Sat 9.30 - 6.00



Faux Leather 4'6"

from £179



from £259







REPRIEVE: Campaigners left to right, Roy Darvil, David Cooke, Ted Marge and John Cryer MP – all Royal British Legion Leyton branch members.

## Legion branch wins battle to stay open

MP John Cryer's campaign to save a local Royal British Legion branch from closure has paid off.

The branch at Dunton Road, Leyton, has won its battle to stay open after the legion's club ceased trading late last year, thanks to help from the MP for Leyton and Wanstead.

Mr Cryer said: "I have been working with the branch members to find a solution to the problem. I have made several

representations to Legion HQ and also took the case to Parliament – including a parliamentary Early Day Motion."

"I also requested an urgent meeting with Chris Simpkins, Director General at Royal British Legion, meeting him and members of the branch in Westminster last week."

The meeting was a success ending with an agreement Legion HQ would help the branch to sort out the matter -

allowing them access to their trust fund and to pay the bills"

Dave Cooke, Leyton Branch chairman said: "I will continue to work with my Branch members to seek a long term solution to keep the branch open for many years to come."

"We are very grateful for John Cryer MP's constant support, and also look forward to working with our HQ further regarding the remaining matters."

## All things bright and beautiful

new styles - new shades - new choices



www.londonbedroomfurniture.co.uk

35 years in the making



Space Saving Wardrobes



Beautiful Divans



Ideal Sleepers



Modern Dining



Luxurious Leather Sofas

Visit our Showroom at:  
424 - 426 Green Street, Upton Park E13 9JJ • Tel: 0208 586 2025  
focus furniture on-line limited

# ILFORD BEDDING CENTRE

## CLOSING DOWN SALE

## EVERYTHING MUST GO CRAZY PRICES

## NO SENSIBLE OFFERS REFUSED LAST FEW DAYS - HURRY

### TOP QUALITY BEDS AT COST PRICES TO CLEAR A FEW EXAMPLES

- 4'6" SLEEPEEZEE ORTHOPAEDIC 1000 SUPREME PLUS DIVAN SET WAS ~~£899~~ TO CLEAR £399
- 4'6" SLEEPEEZEE ZEST 1200 2 DRAWER SET WAS ~~£999~~ TO CLEAR £499
- 4'6" RELYON POCKET ELITE 2 DRAWER SET WAS ~~£1099~~ TO CLEAR £499
- 4'6" RELYON ORTHOREST 2 DRAWER SET WAS ~~£1399~~ TO CLEAR £599
- 5' SLEEPEEZEE INDULGENCE SUPREME 4 DRAWER SET WAS ~~£1599~~ TO CLEAR £599
- 5' SLEEPEEZEE VERVE 2 DRAWER SET WAS ~~£1599~~ TO CLEAR £599
- 5' HESTIA BLISS 2 DRAWER SET WAS ~~£1999~~ TO CLEAR £799
- 5' SLEEPEEZEE JUBILEE 3500 2 DRAWER SET WAS ~~£2199~~ TO CLEAR £999
- 5' RELYON BALMORAL 2 DRAWER SET WAS ~~£2999~~ TO CLEAR £1200

#### OPENING TIMES:

GOOD FRIDAY: 10.00AM- 4PM  
EASTER SATURDAY: 9.00AM- 5.30PM  
SUNDAY: CLOSED  
EASTER MONDAY: 10.00AM-4.00PM

752-756 EASTERN AVENUE,  
NEWBURY PARK, ILFORD IG2 7HU (PARKING AT REAR)

020 8554 7022

Visit us at: www.ilfordbedding.com





# CLEARING THE ENTIRE STORES!

## SPRING CLEANING & UPDATING TOTAL STOCK DISPOSAL SALE

**£2,000,000 OF FURNITURE FOR IMMEDIATE DELIVERY  
AT DANSK LAKESIDE & RAYLEIGH STORES ONLY!**

OUR NEW SPRING FURNITURE COLLECTION WILL BE ARRIVING VERY SOON, THEREFORE WE ARE FORCED TO SELL ALL PRESENT STOCK AT GREATLY REDUCED PRICES, MANY AT HALF PRICE, BEFORE REPLENISHING THEM WITH THE LATEST HOME FURNISHING STYLES, FROM THE WORLD'S FINEST MANUFACTURERS.

**SELLING ALL PRESENT STOCK - NOTHING WILL BE HELD BACK - WHEN THEY'RE GONE, THEY'RE GONE!**

### **BRAND NEW FURNITURE, EX-DISPLAY MODELS AND 'END OF SALE' REMNANTS**

Including complete sets of leather & fabric suites, individual sofas, reclining chairs, TV & wall units, dining sets, sideboards, display cabinets, bedroom furniture, occasional furniture and lots and lots of accessories!

Only you will be offered first selection, while our stocks are most plentiful. Every item will be plainly marked on sale tags for MAXIMUM SAVINGS & IMMEDIATE DELIVERY. First come, first served.

**OUR ENTIRE STOCK WILL BE ON SALE AT LOWEST PRICES EVER!**

**PRICE REDUCTIONS WILL ALSO BE GIVEN ON ALL NEW SPECIAL ORDERS!**

**3 GREAT PUBLIC SALE DAYS - GOOD FRIDAY 11am - 5pm, SATURDAY 10am - 6pm,  
EASTER SUNDAY CLOSED, BANK HOLIDAY MONDAY 11am - 5pm**



## TWO STORES OF CLEARANCE FURNITURE!

### **RAYLEIGH**

Stadium Way  
Rayleigh Retail Park  
Rayleigh, Essex SS7 3NZ

**01268 775688**

**DANSK**  
INTERNATIONAL FURNITURE

### **LAKESIDE**

Unit 5 The Junction  
Lakeside Retail Park  
West Thurrock, Essex RM20 3LP

**01708 866606**

[www.dansk.co.uk](http://www.dansk.co.uk)



# Body exhumed for investigation



**GRAVE:** Lee Balkwell's body is exhumed by forensics officers

THE body of Lee Balkwell has been exhumed almost 11 years after his death.

Lee, 33, from South Ockendon, was found inside the workings of a cement mixer lorry on Baldwin's Farm, in Dennises Lane, Upminster, in July 2002.

Officers from Essex and Kent's Serious Crime Directorate shut Upminster Cemetery in Ockendon Road, to the public at 4pm on Monday.

Cemetery staff and forensic officers removed the coffin from the burial plot and it was taken by private ambulance for a second post mortem by Home Office pathologist Dr

Ben Swift.

Mr Balkwell's body was re-buried at its original resting place at 7am on Tuesday.

Lee's father, Les Balkwell, said the exhumation had been necessary as he maintains Lee's death was not an accident.

An inquest in 2008 found Lee's death was a result of unlawful killing through gross negligence.

Detective Inspector Janine Farrell, of the Kent and Essex Serious Crime Squad, said the investigation was "committed to searching for the truth about what happened to Lee Balkwell in July 2002, and the

force had not made the decision to conduct the exhumation lightly."

She added: "The event has obviously caused Lee Balkwell's next of kin and family further considerable distress."

"We remain open to all hypotheses regarding Lee's death and if anyone has any information regarding the death of Lee Balkwell, no matter how trivial they consider it, even after all this time, they should contact my team on 01634 884033."

At the time of his death Essex Police said it had been a 'tragic accident'.

## The Double Glazing REPAIR SPECIALISTS



**Locks • Hinges • Seals  
Handles • Misted Units  
New Installations**



**020 8500 9100**

**51-55 Fowler Road, Hainault Business Park, Essex IG6 3XE**

**www.swswindowrepairs.co.uk**

**email:info@swswindowrepairs.co.uk.**



REGISTERED INSTRUCTOR



APPROVED DRIVING INSTRUCTOR



**Become a driving instructor  
Flexible training available**

## Yellow School of Motoring

facebook

[www.facebook.com/yellowschoolofmotoring](http://www.facebook.com/yellowschoolofmotoring)

**FOLLOW US ON FACEBOOK**

### DRIVING THEORY CLASSES AND HAZARD PERCEPTION TRAINING

We teach driving theory and hazard perception training classes in English and Urdu. If you cannot pass your theory test then we are here to help. Classes are held in our office.

We also sell English and Urdu books and CDs, they are available for purchase in our office.

### DRIVING THEORY TEST WITHIN ONE WEEK GUARANTEED PASS

**We charge £10 per hour or for the full course £250**

10 Lessons from £170 manual weekdays

**SPECIAL OFFERS ON DRIVING LESSONS**

**07943 864 951**

**020 8539 8888**

Email: [driveon@yellowschoolofmotoring.co.uk](mailto:driveon@yellowschoolofmotoring.co.uk)

**www.yellowschoolofmotoring.co.uk**

**Dual Control Cars for Hire Manual & Auto Daily, Weekly & Monthly**

## Steeple Bay Holiday Park



UP TO

**25% OFF HOLIDAY HOMES**

INCLUDING

**FREE 2013 PITCH FEES**

### BLUE X SPECIAL

**1997 Atlas Festival 30ft x 10ft, 2 bedrooms**



Ideal starter model in great condition throughout. Gas heating and fridge freezer, plus heating pack provided. Lots of windows to let natural light in.

**Was £10,995 Save £4,000**

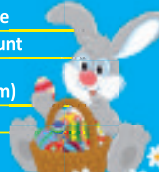
**BLUE CROSS PRICE**

**£6,995**

**Join us this Easter Weekend  
Saturday 30th March -  
Monday 1st April!**

### Sunday Special Events

- Bouncy Castle
- Easter Egg Hunt
- FREE Soft Drinks (1-5pm)
- Rodeo Bull
- Guided Park Tours



**FIRST COME, FIRST SERVED BASIS!**

**LIMITED OFFER ONLY!**

**2014 PITCH FEES**

**£1500**

**2015 PITCH FEES**

**£2000**



Saving will vary by model and will consist of a model price reduction and pitch fee saving. Not to be used in conjunction with any other offer or promotion. Offer may be withdrawn at any time without prior notice.

**Call today 01621 730 430**

**Steeple Bay Holiday Park, Canney Road, Steeple, Southminster, Essex, CM0 7RS**

or visit [www.ParkHolidays.com/steeplebaysales](http://www.ParkHolidays.com/steeplebaysales)





**RELIEF:** Residents celebrate as the toilets in Seven Kings Park re-open

## People power sees public loos reopen

RESIDENTS celebrated the re-opening of their local park public toilets, after two years of solid campaigning.

The loos in Seven Kings Park, Ilford, were closed in 2011 as a budget saving. The park is in the middle of two large residential communities and attracts many visitors from outside the area.

It is well used by dog walkers, people playing sports, cyclists, keep fit walkers and runners and has a children's play area, so residents were keen to get their toilets back in use.

Mark Kennedy, Residents Association press officer, said: "It's fantastic to get the toilets back after two years of campaigning. "People power does work!"

# Funding boost to help sexual health services

By Matthew Stanton

waltham@yellowad.co.uk

MORE than £2.3million will be spent on providing sexual health services in Waltham Forest.

Waltham Forest Council will enter into an agreement with Waltham Forest Clinical Commissioning Group on Monday.

The commissioning group will hand contracts to specialist organisations to run the Genito Urinary Medicine Service at Whipps Cross Hospital, in Leyton.

Taxpayers' money, including £21,000 on HIV testing services, will be used to

manage operations for the 2013/14 financial year.

Council chiefs take over the responsibility of public health services from Waltham Forest Primary Care Trust from Monday, April 1.

In her report Pratima Solanki, Waltham Forest Council's divisional director for strategic commissioning, said: "The services are, by their nature, acute clinical services. Currently, Waltham Forest Council has no experience of providing such services.

"The cost of the provision of these services is over £2million.

"The council currently lacks the resources and expertise to adequately contract monitor and

performance manage the delivery of these services."

The Genito Urinary Medicine Service was set up to treat sexually ill people, provide emergency contraception, reduce the transmission of STIs and HIVs, offer counselling and promote access to sexual health services.

Contracts awarded by the Waltham Forest Clinical Commissioning Group will be supported by North and East London Commissioning Support Unit.

Previously, Waltham Forest PCT was responsible for funding services.

Primary Care Trusts will be wholly abolished this year with public health aspects being taken on by local councils.

**FKW CARWASH**

**OPEN 7 DAYS**

**YOU SHOP WE WASH**

Multi Storey Car Park  
Clements Road  
Ilford, Essex IG1 1BP  
(next door to travelodge)  
info@fkcarwash.co.uk  
www.fkcarwash.co.uk

**£5 OFF**  
ANY MINI VALET WITH THIS ADVERT

**FREE 2hr PARKING**  
WITH ANY IN AND OUT

AN APPEAL FROM THE NSPCC

She's finally found the courage to phone ChildLine...

Today you can make sure someone's there to answer her.

Children like Anna have a desperate need to talk about the violence, neglect or abuse they have experienced. They need to let all the hurt out. They need someone to reassure them that it's not their fault.

Text **CHILDLINE** now to 84010 and give £4\*

£4 could answer her call.

£4 could keep her safe.

£4 could stop the abuse.

Will you please help the NSPCC be there for children like Anna and every child who needs us?

\*Texts cost £4 plus standard rate text message charge. A minimum of £3.97 depending on your service provider, will be received by NSPCC. By sending us a text message you agree we may use your details to contact you in the future about our work and how your gift helps children. Photograph posed by model. ChildLine is a service provided by the NSPCC. Registered charity numbers 216401 (England & Wales) and SC037717 (Scotland).

**NSPCC**  
Cruelty to children must stop. FULL STOP.

## Leather Workshops — Of Chingford — EST 1978

**CHESTERFIELD SPECIALIST  
TAILOR MADE  
BY CRAFTSMEN**

All carpets supplied & fitted.  
A large choice of remnants in stock

- Chesterfield & wing chair makers
- Re-Upholstery in fabric & leather
- Repair & refurbish your old leather suite

Service Includes:-

- Leather panels replaced • Repadded New cushions
- Deep Clean & Refreshed Colour • Re-Coated to give extra life

It could be more beneficial to recondition your old suite than buy an often inferior replacement

Ring now for **FREE** estimate & advice

**0208 531 4914**

69 Chingford Mount Road • E4 8LU

**Got a story? Want to have your say?**

You can get in touch with us by e-mailing **waltham@yellowad.co.uk** or by the contact details over on page two.

## NEWS IN BRIEF

### Highways

**REDBRIDGE** Council is to invest more than £8.5million to improve the borough's highways.

More than £2m has been earmarked to maintain roads, £1.3m to renew street lights and £1.1m to improve Manor Way.

Other proposals include refurbishing footways in Woodford Bridge shopping parade, new traffic lights at Chigwell Road/George Lane junction and projects to reduce flood risk and local safety schemes to help people with impaired mobility.

### Appraisal

**MAYFIELD** Conservation Area near Ilford is to get a character appraisal to help the borough council preserve its distinct features.

It will be funded by money from contributions made under planning agreements.

The work will document character and current planning situation in the area to guard against unsympathetic changes to its character.

## Manufacturers & Suppliers of Windows, Doors & Conservatories

**EverBrite**  
transform your home



**SPECIAL OFFER 1**

Spend **£3000 or more**

Get a **FREE** Front Door

[www.everbrite.co.uk](http://www.everbrite.co.uk) [info@everbrite.co.uk](mailto:info@everbrite.co.uk)

**Call Now - 0800 41 36 28**



**SPECIAL OFFER 2**

Buy **1** Window

Get **1 FREE**



**FENSA** BS EN 14351-1 COMPLIANT **CE**

Everbrite House, Greenway, Harlow Business Park, Harlow, Essex, CM19 5JQ Tel: 01279 427777 Fax: 01279 626924





UPTO

# 40% OFF

## Winter Saver

**We undertake  
all general  
building work  
We undertake  
all repairs on  
double glazing**

- Family run business with over 30 years experience in the industry
- Full range of maintenance free uPVC colours and finishes available
- All products are internally glazed with police approved locking systems for maximum security
- All windows and doors are "A" rated for maximum thermal efficiency
- 10 year insurance backed guarantee and deposits insured
- Our own skilled fitters - no sub contractors



Award at the AGM with owners Joel and Julie



### TESTIMONIALS of our Success

"Fantastic job from everyone at Dolphin, I would recommend them to anyone"

*Mr Scott, Chingford*

"Brilliant workmanship from start to finish". Demi in the office was most punctual, during the sale and after sale was excellent"

*Mrs O'Riley, Woodford*

"The team at Dolphin are brilliant, I would recommend them to anyone"

*Mr Smith, Chingford*



**FREE  
FITTING**

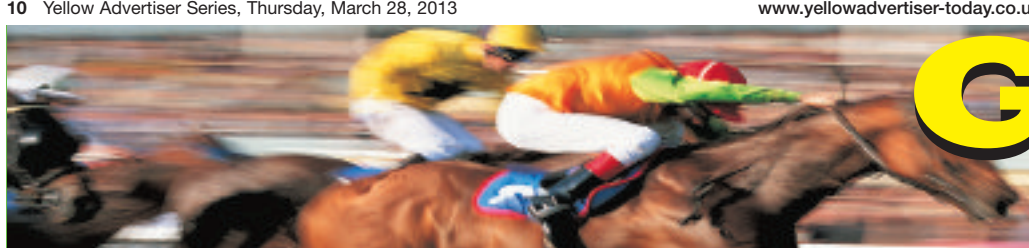
**2 Winchester Road, Highams Park, Chingford E4 9LN**

# 020 8127 3937

[www.dolphinwindows.co.uk](http://www.dolphinwindows.co.uk)

**POLICE  
SECURE  
LOCKS**





# GRAND SW

## Yosi's Bagels

**Assorted Breads, Rolls, Bagels, Delectable selection Pastries and Cakes**

**Platters & Eggless Birthday Cakes Made to Order**

**41 High Street, Barkingside, Essex, IG6. Tel: 020 8551 4056**

## Total Car Collection

# WANTED

**Cars, Vans, Classics, Campers**

**Nothing Refused**

**BEST CASH PRICE PAID!**

**WE COME TO YOU!**

• Fully Licensed • Scrap Cars Cleared Legally  
All documents filled in and returned to DVLA!

**07850 870 992 7 DAY SERVICE**

[www.totalcarcollection.com](http://www.totalcarcollection.com)

## DENTS UK

Accident Repair & Alloy Refurbishment Centre

**All makes and models**

**High Tech Facilities**

**Low Bake Oven**

**Free delivery and collection**

- All Types of Welding
- MOT and Servicing
- Paintless Dent Removal
- Alloy Wheel Refurbishment
- Excess Paid / Courtesy Car Available
- Free Insurance Company Approved Estimates
- All repairs to highest standard

**From only £40 for minor scuffs & scratches**

## Aquadrip



plumbing services

**ALL ASPECTS OF PLUMBING!**

**FREE ESTIMATES!**

**See our website for further details**

Phone: 01708 344 030

0800 059 9058

Mob: 07949 616 475

email: [info@aquadrip.co.uk](mailto:info@aquadrip.co.uk)

[www.aquadrip.co.uk](http://www.aquadrip.co.uk)

## Gary's Plumbing

**Plumbing at low cost**  
**35 years experience**

**Call Gary on**

**07530 728 091**

**All major cards accepted**

## DOUBLE GLAZING PROBLEMS?

**Complete repair and maintenance service for**

- Leaks
- Broken or misty sealed unit
- Locks
- Draughts
- Rubber Seals
- Hinges

We also offer a complete new window + door service.  
Conservatories our Speciality

**GLASS & GLAZING**

**020 8590 7733**



## RURAL FRIENDLY LEAGUE YOUTH FOOTBALL FOR BOYS & GIRLS SEASON 2013 / 2014

The League is now open to accept new clubs, ages from Under 7's to Under 13's.

Established now for some 37 years, playing within the new FA guide lines for youth soccer, we are accepting new clubs and teams to add to our considerable existing members. Matches played Saturday & Sunday, and refereed by qualified officials. Trophy matches all age groups.

We are currently affiliated with Brentford FC who have supplied the following statement

**"To this end we are delighted to have a partnership agreement with the RFL, which is a successful league with clubs and managers who are committed to giving their players the opportunity to maximise their potential.**

**The partnership affords the players access to the real prospect of being signed into Brentford's academy – a category 2 club under the new Elite Player development Programme (EPP) – and member clubs access to Brentford's coaching philosophy (coaches training days etc)."**

If you are a newly formed team or looking for a new challenge from your existing league please contact the General Secretary, Mrs Dawn Soanes on 07951 938596 or [dawnsoanes@btinternet.com](mailto:dawnsoanes@btinternet.com) for full prospectus.

Applicants to be interviewed in April 2013

Horse	Name	Cut out & keep
On His Own		On His Own
Prince De Beauchene		Prince De Beauchene
Seabass		Seabass
Cappa Bleu		Cappa Bleu
Colbert Station		Colbert Station
Chicago Grey		Chicago Grey
Join Together		Join Together
Sunnyhillboy		Sunnyhillboy
Teaforthree		Teaforthree
Beshabar		Beshabar
Ballabriggs		Ballabriggs
Imperial Commander		Imperial Commander
Tofino Bay		Tofino Bay
Wyck Hill		Wyck Hill
Across The Bay		Across The Bay
Balthazar King		Balthazar King
Big Fella Thanks		Big Fella Thanks
Harry The Viking		Harry The Viking
Rare Bob		Rare Bob
Roberto Goldback		Roberto Goldback

## THE TyreShop.com

# NOW OPEN!

**GREAT £'s, Service & Facilities**

**We're near the Stow  
Give us a Go!**

### EASTER OPENING

Good Friday 8am-6pm  
Saturday 8am-5pm  
Easter Sunday and  
Bank Holiday  
Monday  
**CLOSED**

- TYRES
- ALIGNMENT
- ALLOY WHEELS
- EXHAUSTS
- SUSPENSION
- BRAKES

**OPEN Mon-Fri 8am-6pm Sat 8am-5pm**

**[www.thetyreshop.com](http://www.thetyreshop.com)**

**0208 531 2300**

2 Loxham Road | Chingford | London E4 8SE





# NATIONAL VEEPSTAKE 6TH APRIL

Horse	Name	Cut out & keep
Always Waining		Always Waining
Joncol		Joncol
Lion Na Bearmai		Lion Na Bearmai
Oscar Time		Planet of Sound
Quel Esprit		Quel Esprit
Quiscover Fontaine		Quiscover Fontaine
Soll		Soll
Weird Al		Weird Al
What A Friend		What A Friend
Backstage		Backstage
Becauseicoldntsee		Becauseicoldntsee
Forpadydeplasterer		Forpadydeplasterer
Poker De Sivola		Poker De Sivola
Quinz		Quinz
Saint Are		Saint Are
Treacle		Treacle
Swing Bill		Swing Bill
Auroras Encore		Auroras Encore
Viking Blond		Viking Blond
Tatenen		Tatenen

Runners correct at time of going to press

**FLO GAS**

Beat the spiralling energy prices

Special Offer Heater Package for only

From **£99.95** inc VAT

- Compact Heater
- Free delivery
- 1 Day Notice of Delivery Date
- Pay as you go heating
- No need to worry about your energy bills
- Free delivery
- First gas cylinder free of charge (after you receive your delivery)

the heater shown is £129.95 complete

Contact APS now on: **0208 820 3929**

APS Ltd, Unit 5 The Old Station Yard, 166 Wood Street, Walthamstow, London E17 3NE

**VALLEY FARM**  
**CLACTON'S PREMIER PARK**

Holiday or Own & make Valley Farm your Home away from Home!

Caravans from only **£9,995\***

Call us **FREE** on **0808 147 1274**

**Park Resorts**

Terms and conditions apply. Creating Amazing Memories

**BARGAIN BEDS**

**BEDS, MATTRESSES, WARDROBES DELIVERED TODAY!**

325-327 Forest Road, Walthamstow, London E17

**Tel: 020 8523 2319**

**LASER-TAG GREAT FOR BIRTHDAY PARTIES & DAYS OUT!**

**LASER MAYHEM**

**CALL-DUTY THEMED EVENTS**

**01708 688 517**

**www.Laser-Mayhem.co.uk**

**Best Brands, Better Prices**

**www.rgbdirect.co.uk**

**rgb**

**Elegant Homes**  
**FIREPLACES**

Modern to traditional

Free advice and quotations • 3 Floors of showrooms at Woodford

**SOLID FUEL STOVES AVAILABLE**

**WE WON'T BE BEATEN ON PRICE!**

Family business established over 28 years

520 Lea Bridge Road, Leyton, London E10 7DT

Tel/Fax: 020 8539 2483

451-453 High Road, Woodford Green, Essex IG8 0XE

Tel/Fax: 020 8506 0600

**ILFORD BEDDING CENTRE**

**CLOSING DOWN SALE**

FOR REDEVELOPMENT

**EVERYTHING MUST GO - CRAZY PRICES**

**NO SENSIBLE OFFERS REFUSED**

**HURRY - LAST FEW DAYS**

752-756 EASTERN AVENUE, NEWBURY PARK, ILFORD IG2 7HU

**020 8554 7022 (PARKING AT REAR)**

Visit us at: **www.ilfordbedding.com**

**focus furniture superstore** where service still counts

**www.londonbedroomfurniture.co.uk**

424-426 Green Street, Upton Park London, E13 9JJ

**0208 586 2025**

**The Car Buying Company**

If it says more it's not us!

**www.thecarbuyingcompany.co.uk**

email: **info@thecarbuyingcompany.co.uk**

**Cars bought for cash\*, No FEES! Don't part exchange, be a cash buyer!**

Eastern Region Branch:  
North Chingford, 107 Station Road, Chingford, London E4 7BU

**0845 600 8766 (Local call rates)**

Monday to Friday, 12pm - 6pm Saturday 12pm - 5pm Sunday 12pm - 4pm

Out of office appointments can be arranged

\* Paid by cash, bankers draft or monies paid directly into your account. As advertised at you local Tesco Woodford Green store

**Chingford Mobility**  
"Your Life Made Easier"

Your only local mobility Shop within Chingford, Highams Park, Walthamstow, Leyton and Leytonstone

**www.chingfordmobility.co.uk**

Chingford Mobility 5 Cherrydown Avenue Chingford Mount London E4 8DP

**020 8524 9624**

www.chingfordmobility.co.uk • Info@chingfordmobility.co.uk

Opening Hours: Monday - Friday 9am-5pm Saturday 9am-4pm

**DAVE SMEE**

**Plastering & Construction**

All plastering work undertaken

Rendering, Coving etc.

Through Lounges,

Chimney Breasts removed,

Extensions etc.

Call Dave

**07708 381 052**

**01708 784 208**

**Dolphin**  
Windows Doors and Conservatories Limited

**UP TO 40% OFF IN OUR APRIL SALE**

We undertake ALL repairs on double glazing

- Family run • 15 years experience
- Hassle-free salesman • 10 year guarantee
- 100% customer satisfaction
- No sub contractors - we undertake all work ourselves by our qualified fitters
- Fascias, Soffits & Cladding • General building work
- Police secure doors & security locking systems

**TESTIMONIALS OF OUR SUCCESS**

"Really pleased with the windows and workmanship - the fitter were very polite and left my house clean and tidy. I would recommend them to anyone looking for new windows."

Mrs Gibbons, Highams Park.

"We are over the moon with our new windows and doors from Dolphin and would highly recommend them."

Mr and Mrs Smith, Brookmans.

"I would have no hesitation in recommending Dolphin to my family and friends. They did an excellent job, very pleased!"

Mr White, Woodford

Owners Joel and Julie at an Awards Ceremony with Steve Davis

**Network VEKA**  
RAISING STANDARDS. INSTALLING TRUST.

Telephone: **020 8127 3937** FREEPHONE: **0800 0461997**

2 Winchester Road, Highams Park, Chingford E4 9LN

**www.dolphinwindows.co.uk**

**HOME TILES**

Tile your bathroom from only £220

Quality tiles at factory prices

**www.hometiles.co.uk**

Uplands Bus Park 296 High Road Leytonstone

Blackhorse Lane, (Next door to Homebase)

Walthamstow E17 5QN E11 3HW

Tel: 0208 531 9898 Tel: 0208 558 8645

**A & C Skip Hire**

2, 3, 6 & 8 Yards

Same Day Service

Fast & Reliable

**01708 760 812**

**07538 847 178**



# PM admires pupils' scientific skills

THE PRIME Minister and a local MP dropped in to admire the scientific skills of pupils from an Ilford school during a national contest.

The VIP visitors were the icing on the cake for the Ursuline Academy students, who walked off with two awards at the national Big Bang fair at London's Excel centre.

Two teams from the academy

had won places in this year's finals of the top science and engineering showcase - Science Angles and Sus-tain-ables.

"We were delighted to attract such attention," said teacher Rose Russell.

David Cameron had asked to see the Sus-tain-ables' project, in which the girls carried out tests to see what makes the best insulation and on mud as a building material

with a view to developing materials to use in house building in Bangladesh.

Ilford South MP Mike Gapes was also impressed with the girls' projects.

That won the UKFT Textile Edge prize.

The other team's work incorporated a revolutionary transparent photovoltaic glazing in a new greenhouse named Agrihouse, designed with the third world farmer in mind, as solar power could be used instead of electricity which would not be available, and earned it the Shell Prize for Sustainability.

"Getting to the finals was a huge achievement, coming away with two awards is even bigger which was made possible by the help we have received from a number of

organisations," Ms Russell added.

Student Anne Duffy said "Going to the Big Bang was amazing and a very inspiring environment. It really encourages girls to look for jobs in science, technology, engineering and maths industries."

The teams each won £500 with a trip to the House of Commons, a meeting with a top fashion designer and a trip to a graduate fashion show for the Sus-tain-ables, and cash plus a trip to an event at the Science Museum later in the year for the Science Angles.

■ The Sus-tain-ables team constructed mini houses to investigate insulation materials. They also tested and experimented with different types of food seeds under their prototype green house. They had a scaled greenhouse with them.



VIP VISITOR: Prime Minister David Cameron visits the Sus-tain-ables team.



SUS-TAIN-ABLES: Mixing mud for research.



SCIENCE ANGELS: Working in their project.

Picture by Martin Dalton

Picture by Martin Dalton

**TESCO**

**Now open**

**Hand Car Wash Barkingside**

**£5 OFF** PLATINUM\*

**£5 OFF** GOLD\*

\*Offer only valid on production of a valid coupon. Please take this advert to the hand car wash to collect your coupon. Terms and conditions apply. Tesco hand car wash reserve the right to withdraw this offer at any time. Offer only valid at Tesco, 795 Cranbrook Road, Barkingside, IG6 1HR. For more info please contact Kamei on 02012 108 847

Standard price for a Gold Wash is £12.00 and for a Platinum Wash is £15.00.

**Bob's Cash 4 Clothes Ltd**

**We will pay you 60p / Kilo**

**For your unwanted clothes. This is how it works.**

**We will pay you cash on the spot in 4 easy steps:**

Step 1: Bring your clothes  
Step 2: Book a collection  
Step 3: Bags weighed  
Step 4: Cash Paid Instantly

**Act Now! It's So Simple!**

**Call Bob Today: 01708 874242**

**www.bobscash4clothes.com**

**Act Now! It's So Simple!**

**Call Bob Today: 01708 874242**

**www.bobscash4clothes.com**

**YOUR NEW WALK-IN SHOWER CUBICLE**

**Fitted in a day • No Mess • No Fuss at prices you can afford**

**ESSEX SHOWERS**

**PHONE FREE NOW 0800 212350**

**YOUR NEW BATHROOM**

**Your new bathroom, supplied and fitted to your specification, Including tiling**

**All work carried out by our own fitters**

**Installation completed within four days at prices you can afford**

**ESSEX SHOWERS & BATHROOMS**

**PHONE FREE NOW 0800 212350**

**SPECIAL NEEDS BATHROOMS ALSO SUPPLIED AND FITTED**

**You Can Trust Essex Showers**

## Don't get caught short at the Mall

SHOPPERS heading for Walthamstow Mall this Bank Holiday may want to pop a pack of tissues in a pocket or a loo roll in a handbag.

The shopping centre has decide to take a further step to be friendly to the planet and ban toilet rolls from its public toilets from Monday April 1, so it's asking customers to take their own.

The centre, which already

used recyclable paper, decided that it was not doing enough in its bid to reduce its impact on the environment.

"The management's decision, which might seem a little extreme, was not taken lightly," said Craig Higgins, marketing manager at The Mall, Walthamstow.

"We noticed that a significant amount of paper was being consumed in our toi-

lets and here at the Mall we are committed to 'doing our bit' to help save the planet.

"Before the motion was passed, we made sure we asked the public's opinion."

"More than 90 per cent of our visitors agreed it was a good idea and we felt that April 1 was the most suitable date to launch this new scheme."

"We expect a big uptake between 9am and noon on

the day and we hope this will catch on to eventually be rolled out to all public toilets in the greater London area."

The Mall Walthamstow has put up posters around the shopping centre to inform its customers of the upcoming changes and they hope that nobody will be caught short without a roll, which will be made available in cases of emergency.

**cbeebies** **Five!** presents

**Justin & Friends**

**Easter tour 2013**

**Tickets from £15**

**Justin Fletcher, Katy Ashworth, Andy Day and Nina** from Nina and the Neurons

**Along with friends from Justin's House, Something Special and Gigglebiz!**

**LONDON - WEMBLEY ARENA**

**6 April @ 1.30pm & 4.30pm • 7 April @ 11.00am & 2.00pm**

**0844 815 0815** **www.bbcliveshows.com**

For terms and conditions go to bbcliveshows.com. Booking fees may apply. BBC Logo TM & © BBC 1996. \*Subject to availability. Available on selected seats only.

**TURF & TOPSOIL**

**AND BUILDING SUPPLIES**

**Turf- 2 grades**

**Turf Laying Service Available**

**Topsoil TOP QUALITY 3 GRADES**

**AGGREGATES**

Sharp Sand	20mm Stone
Builders Sand	10mm Black + White Shingle
Softwash Sand	Cement - 25 kilo bag
Ballast	Type One
10mm Shingle	Crushed Concrete
20mm Shingle Flint	Road Plannings
Childrens Play Sand	

**BARK AND PLAY BARK**

**INDIAN SANDSTONE**

**SLATE** Coloured Granite Chippings, Cotswold Stone, Scotch Cobbles, Railway Sleepers New & Old, Fences, Posts and Panels

**JOHN A PROBERT & SON**

**FOR BEST PRICES & DELIVERY CALL**

**TEL: 01268 287254**

**or 01277 636377**

**Mob: 07809 554486**

**www.johnaprobert.co.uk**

**email:johntheturf@aol.com**



# what's on

To have your event considered for publication, send the details AT LEAST 10 DAYS before the issue date to: **What's On, Yellow Advertiser, Acorn House, Great Oaks, Basildon, SS14 1AH.** You can e-mail us at: **letters@yellowad.co.uk** PLEASE NOTE: We cannot guarantee that all entries will be included. However, you can add the details of your event to our website at **www.yellowad.co.uk**

## Saturday, March 30

- Table Top Sales – Saturdays at St Paul's Community Centre, Barley Lane, Goodmayes, IG3 8XE, books, clothes, dvds and much more, refreshments, free admission, 10am-1pm, cost per table starts from £8, to book call 07453 782726, allocated on a first come first served basis.
- Tennis – Small friendly Tennis Club in Ilford, we play throughout the year, (Sat afternoons, Sun mornings and three weekday afternoons), low fees, over 50s welcome, details Tom 020 8593 4365 or John 020 8592 1609.
- Garden Organically – Come and join our small friendly cooperative at Gale Street Organic Growers, Saturdays and Wednesdays, not just an allotment but a community garden, details 07815 500190.
- Free Classes For All – Ghazi Education Society, English and Urdu (no age limit), Fine Art Classes (for members only), Special Classes for KS1, 2, 3 and year 10 (Maths, English and Science), limited seats, join today, classes held in Ilford and Seven Kings, details Naz 020 8598 8143 (7-9pm).
- Ante-natal Yoga – Quaker Meeting House, Bush Road, Wanstead E11, Saturdays 10am-noon, Mondays 6.45-8.45pm. Post-natal Yoga, Saturdays 12.05-1.15pm. 020 8923 6452.

## Sunday, March 31

- Easter Trail – Valentines Mansion and Gardens, Emerson Road, Ilford, explore the Mansion with our family Easter Trail, win mini Easter egg and stickers, all ages, 10am-4.30pm, £1.50 per child, running to Sunday April 14, enquiries 020 8708 8100.
- Walk – Ilford and District CHA Rambling Club, starts from Hampton Court Station, catching the 9.27 or 9.57 train from Waterloo Station (check times), we go via parkland and gardens to Kingston where lunch will be taken, return by different

- parkland to Hampton Court Station, 5/6 miles. 020 8926 4593.
- Sunday Service – Lighthouse Chapel International Church, Outset Centre, Frederick Street, Walthamstow, 11am-1pm. 07974 108350.
- Sunday Services, Kings Road Baptist Church, Chingford (junction of Kings Road and Scholars Road), 11am and 6.30pm.
- Sunday Services – Higher Life Christian Centre, Forest YMCA, 642 Forest Road, Walthamstow, 10am-noon.
- All Age Morning Service – Ridgeway Evangelical Church, The Ridgeway, Chingford, every Sunday 11am, further details Pastor, Paul John 020 8524 1410.
- Celebration – Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Sunday 10.30am, all welcome. 020 8599 1479.

## Monday, April 1

- Antique and Collectors Fair – St John's Church Hall, High Road, Buckhurst Hill, 10am-4pm, refreshments available, free parking.
- Friendship Club – Plume of Feathers Pub, Church Hill, Loughton, for singles 50 plus, Mondays 7.30pm, further details 07986 472527.

## Tuesday, April 2

- Meeting, Diabetes UK Ilford and District Diabetic Club – The Drawing Room, Valentines Mansion, Valentines Park, Ilford, 7.45pm, first Tuesday each month. 020 8500 9721.
- Meeting – Leyton and Wanstead Flower Club, Wanstead Quaker Meeting House, Bush Road, Wanstead, doors open 7.15pm for 7.45pm start, first Tuesday of the month, visitors 4, new members welcome. 020 8524 6526.
- Gale Singers Ladies Choir – Hatfield Community Centre, Hatfield Road, off Hedgemoor Road, every Tuesday 10-11am, details Janet 020 8592 2270.
- Club – Barking and Dagenham Plus, The White Horse Inn, 118 High Road, Chadwell Heath, meet new friends and get involved in the local community, for everyone aged 18-35, every Tuesday 9pm, free trial membership, Joe 07958 669339.
- Coffee Shop – Eastern Avenue Baptist Church, East Road, Chadwell Heath, every Tuesday 10am, games, videos, friendship, all welcome. 020 8599 1479.
- Stroke Club – Parkside Stroke Club, Parkside Community Centre, Goodmayes Lane, Tuesdays 1.30-4pm. 020 8595 3973.

- Senior Citizens Club – United Reformed Church Hall, Upney Lane, Tuesdays 1.30-4pm, fun, games, bingo, quizzes, buffets etc. disabled facilities.
- Duplicate Bridge – Parkside Community Centre, corner of Goodmayes Lane and Longbridge Road) Barking, Tuesdays 1.30-4.30pm, regret no beginners, call Jim (pref. evenings 5.30-6.30pm) 020 8592 0397.
- Rehearsals – The Phoenix Choral, The Wilson Room, St Andrew's Church, The Drive, Ilford, enjoy singing and friendship, Tuesdays 7.45-9.45pm. 020 8599 1401.
- Rehearsals – Chapel End Savoy Players, St John's Church, Chingford Road, Walthamstow, Tuesdays 8-10pm. 07852 928287.

## Wednesday, April 3

- Wings for Women Support Group – For women who have experienced Domestic Violence or Abuse, Wednesdays 6.30-8.30pm, 020 8556 7111 or 020 8923 7498.
- Table Tennis, Forest Community, Guildford Road, Walthamstow, every Wednesday 8pm, new members welcome, details Ray Massey 020 8524 4289.
- Meeting – Friends Club, St Cedds Church Hall, Blythwood Road, Seven Kings (opposite Homebase), Wednesdays 1-4pm, short mat bowls and snooker, 50p per session.
- Live Blues Jam – Coach and Horses, 391 High Road, Leyton, featuring guests, regulars and house band musicians, entrance 2 listeners, 1 musicians, all welcome singers and drummers especially, every Wednesday, 8.30-11.30pm. 020 8502 0351.
- Ilford No. 1 Senior Citizens Club – Royal British Legion, Durban Road, Seven Kings, Ilford, every Wednesday 12.30-3pm, call Eddie 020 8551 5079.
- Social Club – Wanstead House, The Green, E11, quizzes, table tennis, card games, debates, talks, scrabble, every Wednesday 8.30-10.30pm. 020 8514 8046.
- Bingo – Royal British Legion Club, 31 Dunton Road, Leyton, every Wednesday 7.30-10pm, and entertainment some Saturdays.
- Claivoyance – Little Ilford Christian Spiritualist Church, Third Avenue, Manor Park, all welcome, Spiritual Healing 12.30-1.45pm, Services with Clairvoyance 2pm and 7.30pm, freewill offerings accepted. 020 8514 4030.
- Havering Folk Club – The Golden Lion, 2 High Street, Romford, every Wednesday

8pm, come along to sing, play or just listen. 01708 724544.

## Thursday, April 4

- Circle Dancing to World Music – Quaker Meeting House, 1a Jewel Road, Walthamstow, 2-4pm, £4 including refreshments, beginners welcome, no partner needed. Pat 020 8556 3508.
- Meeting – Ilford Centre Townswomen's Guild, St Alban's Church Hall, Albert Road, Ilford, 2-4pm.
- Friendship Club – The Beacon Tree Pub, Green Lane, Dagenham, for single over 45s, every Thursday 8.30pm, further details Marie 07939 989075/07977 747509.
- Meeting – Wanstead Rotary Club, County Hotel, South Woodford, every Thursday 1-2.15pm, call David 020 8989 2701.
- Meeting – Barking and Dagenham Friendship Club, Methodist Church, London Road, Barking, Thursdays 2-4pm, 1.50 a session, mainly for people who have had a sad loss to make new friends. 020 8594 6409.
- Woodford Symphony Orchestra – A friendly amateur orchestra, which performs concert and major symphonies in Redbridge, rehearsals every Thursday evening. 020 8504 7783.
- Dagenham Camera Club – Wantz Library, Rainham Road North, Thursdays 8-10pm. 020 8252 2934.
- Social Group – Barking and Dagenham Leisure Group, Carvelly Function Room, Gants Hill Methodist Church, Gants Hill Crescent, Barking, for 18-36 year olds, Thursdays 9.15pm. 07941 493067.

## Friday, April 5

- Friendly Club – Pensioners Club at United Services Club, Blake Avenue, Barking, Fridays 12.30pm-3pm, all pensioners welcome. 020 8517 6256.
- Meeting – Redbridge 18 Plus, York Road, Ilford, Fridays for 18 to 36 year olds, sports and social club.
- Pipes and Drums – Waltham Forest Pipe Band, Royal British Legion, 31 Dunton Road, Leyton, pipers, drummers and learners welcome, Fridays 8pm. 020 8520 1727.
- Golden Yoga Classes – Collier Row Community Centre, Fridays 9.30-11.30am, 5 per session, call 01708 766308.
- Yoga – Faircross Community Centre, Hurstbourne Gardens, Barking, 2-3.30pm, Jean 07946 215996/020 8591 5830.

# TOURSUS

**LOOSE WOMEN**  
7th May from £16

**LATE SHOPPER Aidenkirk**  
Tuesday – Prices from £32

**AIDENKIRK EXPRESS**  
(By Ferry) Thursday/Saturday – Prices from £32  
(By Train) Wednesday from £32

**BRUGGE/OSTEND – Sunday, Ferry £32**

**AMSTERDAM 20th April**  
From £41.00 • Up to 10 Hours Free Time

**DISNEYLAND PARIS**  
1st June from £62

We operate a daily service to London Victoria  
Call **01268 591 833**

for details or visit  
**www.toursrus.uk.com**

UNITS 3&4 MILLS COURT, SWINBORNE ROAD, BURNT MILLS  
INDUSTRIAL ESTATE, BASILDON, SS13 1EH

## COACH HOLIDAY

## Travel Offer

Newmarket  
Holidays



2 days from  
**£119.00**

## Chester and the Tatton Park Flower Show

Bursting with summer colour & vibrant displays  
Departs 27 July 2013

Bursting with summer colour, the Tatton Park Flower Show is one of the highlights of the gardening year. See the latest in garden design, get advice and inspiration and return home full of ideas!  
Includes Return coach travel • One nights' dinner, bed and English breakfast accommodation in a good hotel in the North West area • Entrance to the Tatton Park Flower Show • A visit to Chester • The services of a Tour Manager

Organised by Newmarket Promotions Ltd. ABTA V787X. Subject to availability. Single supplements apply. Calls cost 4p per minute.

**0843 316 1109** quoting code **YEL**

ABTA

**Love the fun!**

Come and love the fun this Easter school holiday at the U.K's No.1 free admission fun park, Adventure Island!

And when you love the fun so much, why not become an Adventure Island Annual Pass holder, allowing you to enjoy the rides whenever you like\* for 12 months and receiving 20% off all food, drink and purchases!

**HALF PRICE** from 6pm throughout the Easter school holidays and all weekends after!

**The U.K's No.1 Free Admission Fun Park!**

**ADVENTURE ISLAND**

buy online for **BIG** savings!  
**www.adventureisland.co.uk**

Park opens 11am daily. For more information visit our website



## COACH HOLIDAY

YellowAdvertiser

Newmarket  
Holidays



2 days from  
**£299.00**

## Formula 1™ British Grand Prix 2013

Departs 29 June 2013

The British Grand Prix one of the world's major sporting occasions. This 2 day break includes general admission to Silverstone, for the Grand Prix and Saturday Qualifying, plus one night's accommodation.

### Price includes:

- Return coach travel
- One night's bed and continental breakfast accommodation at a three-star hotel within 90 minutes coach transfer of Silverstone
- General admission to the 2013 Santander Formula 1™ Grand Prix at Silverstone on race day and Saturday Qualifying (upgrade tickets available at a supplement)
- The services of a Tour Manager

[www.newmarket.travel/yel11400](http://www.newmarket.travel/yel11400)

**0843 316 1109** quoting code YEL

Organised by Newmarket Promotions Ltd. ABTA V787X.  
Subject to availability. Single supplement applies.  
Calls cost 4p per minute.



## COACH HOLIDAY

YellowAdvertiser

Newmarket  
Holidays



5 days from  
**£229.00**

## York, Whitby & Scarborough

A four night midweek break!

Departs 6 May 2013

One of the UK's most varied and scenic counties, with a glorious coastline, interesting cities, quaint villages and stunning scenery, a holiday in Yorkshire is always memorable! And this one is no exception! You'll stay in the seaside resort of Scarborough and enjoy two full day included excursions.

### Price includes:

- Coach travel throughout
- Four nights' accommodation in the Clifton Hotel, Scarborough
- Full English breakfasts and three course evening meals
- Visits to York and Whitby
- A tour of the Yorkshire Moors
- The services of a Tour Manager

[www.newmarket.travel/yel17800](http://www.newmarket.travel/yel17800)

**0843 316 1109** quoting code YEL

Organised by Newmarket Promotions Ltd. ABTA V787X.  
Subject to availability. Single supplement applies.  
Calls cost 4p per minute.



# cinema

## Jack and the Beanstalk turns digital

By Damon Smith

THE English folktale of Jack And The Beanstalk is given a smart CGI-heavy makeover in Bryan Singer's fast-paced fantasy.

Based on a script co-written by Usual Suspects scribe Christopher McQuarrie, Jack The Giant Slayer takes the familiar story of magic beans and a blood-thirty behemoth as the foundations for a delightfully old-fashioned tale of derring-do replete with a boo-hiss villain and swooning damsel in distress.

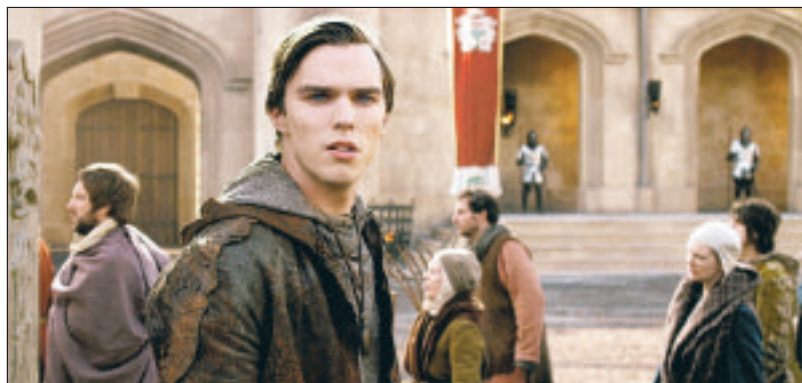
A storybook opening sequence recounts the legend of King Erik, who defeated the giants and banished them to their kingdom in the clouds with the help of his magical crown.

Many centuries later, farm boy Jack (Nicholas Hoult) heads into town to sell his horse and cart.

He encounters a monk (Simon Lowe) bearing a pouch of stolen beans.

"Those beans have the power to change the world. Don't lose them and whatever you do, don't get them wet!" the holy man instructs Jack.

That night, a sudden deluge of rain causes one of the seeds to take root and a beanstalk rises terrifyingly into the sky, tak-



GIANT SLAYER: Nicholas Hoult as Jack

Picture by PA Photo/Warner Brothers

ing with it Jack's home and Princess Isabelle (Eleanor Tomlinson), who happened to be passing in the downpour.

When King Brahmwell (Ian McShane) learns of his daughter's fate, he organises a search party including valiant knight Elmont (Ewan McGregor), his right-hand man Crawe (Eddie Marsan), Isabelle's con-niving fiancé Roderick (Stanley Tucci), sniv-elling sidekick Wicke (Ewen Bremner) and Jack.

Atop the beanstalk, they discover an army of gargantuan warriors led by two-headed General Fallon (Bill Nighy, John Kassir) and his lieutenants, Fee, Fye, Foe and Fumm.

Invasion looms large...

Jack The Giant Slayer establishes a cracking pace and there are few pauses between the breathlessly orchestrated set pieces, including a first encounter with the giants viewed through Jack's eyes as he holds his breath underwater.

Digital effects meld smoothly with live action, including a protracted sequence of the giants storming King Brahmwell's castle.

Hoult is an endearing hero, plagued by a fear of heights, who comes to the fore in Isabelle's hour of need.

Their romance is sweet, tempered by Tucci's delightful scenery-chewing as the Machiavellian traitor in the royal court.

Parents may want to view the film before unleashing very young children into this fairytale realm because the violence is quite strong for a 12A certificate, including at least one member of supporting cast losing his head between a giant's festering teeth.

Bloodshed isn't gratuitous and Singer keeps most of the dismemberment off screen or blurred in the background.

There are casualties in every war and when mankind engages the giants in titanic battle, the body count on both sides is high.

## FILM FACTS

Jack the Giant Slayer (12A, 114 mins)  
Action/Fantasy/Romance.

Starring: Nicholas Hoult, Eleanor Tomlinson, Stanley Tucci, Ian McShane, Ewan McGregor, Eddie Marsan, Ewen Bremner, Simon Lowe and the voices of Bill Nighy, John Kassir.  
Director: Bryan Singer.  
Rating: 6.5/10

Barts Health NHS  
NASS

## BACK ON TRACK

WHIPPS CROSS UNIVERSITY HOSPITAL  
EARLY INFLAMMATORY BACK PAIN ROAD SHOW

The Back on Track road show will visit the Fitness First Leyton Mills gym from 2pm on Saturday 6th and Sunday 7th April

The team will be available to answer questions and provide information on inflammatory back pain. For more information contact the Whipps Cross team (Dr Hosen Tohir, consultant rheumatologist, Dr Simon Donnelly, consultant rheumatologist and Rebecca Adashead, specialist physiotherapist) at [IBP@whippsx.nhs.uk](mailto:IBP@whippsx.nhs.uk)

Fitness First Leyton Mills, 1st Floor, Unit 6, Leyton Mills Retail Park, Marshall Road, Leyton, London E10 5NH

If you have had back pain for more than 3 months and you answer YES to 4 or more of the below symptoms you could have inflammatory back pain and may benefit from discussing this with your doctor

- ✓ Troubled with back pain and stiffness that does not improve with rest?
- ✓ Recognised symptoms improve after exercise?
- ✓ Aged under 40?
- ✓ Can't relate symptoms to injury?
- ✓ Keeps you awake at night and worse in morning?

Get your health BACK ON TRACK and make an appointment to discuss your symptoms with your GP

funding supported by an unrestricted medical educational grant from Pfizer

To advertise in this section please telephone

01268 503400

YellowAdvertiser

## MAJOR ANTIQUES & COLLECTORS FAIR

### THE BRENTWOOD CENTRE

Doddington Road, Brentwood, Essex CM15 9NN  
Close A12/M25/A127. AA Signposted

### SUNDAY 31st MARCH & B/H MONDAY 1st APRIL

10am - 4pm Both days  
Admission £4.50. Accompanied under 14's free. Early Entry 9am £6

### DON'T MISS THE LARGEST ANTIQUES & COLLECTORS FAIR IN ESSEX

COME AND MEET ANTIQUES ROADSHOW LEGEND  
ERIC KNOWLES ON SUNDAY 31ST AT 10AM

Featuring dealers from all over the country selling a huge array of affordable items—both indoors and outdoors— including jewellery, pottery, glass, ceramics, autographs and much more

£1.00 OFF ENTRY FOR ONE PERSON WITH THIS ADVERT

BOOKINGS/INFO 01702 410171 [www.gnbairs.com](http://www.gnbairs.com)

## COACH HOLIDAY

Travel Offer

Newmarket  
Holidays

## The Cheltenham Festival

Drama and excitement  
all the way!

Departs 14 March 2013

[www.newmarket.travel/yel11862](http://www.newmarket.travel/yel11862)

**0843 316 1109** quoting code YEL

Newmarket Promotions Ltd. ABTA V787X.  
Single supplements apply. Calls cost 4p per minute.



2 days from  
**£169.00**



# YellowMotors

www.yellowadvertiser-today.co.uk

**Caravans for Sale / Wanted**

## CARAVAN FOR SALE

12ft wide, 3 bedroom static caravan sited at Seawick Holiday Park, St Osyth, Essex. 5 mins walk to beach, good condition, massive lounge, fitted kitchen, good storage. Price includes decking and 2013 site fees.

**CASH ONLY DEAL  
£6,543.21!!!**

Call 07791 663185

local local local local local local local local local local

**£300 minimum Cars/Vans up to ten years old**  
Any condition, whether without MOT, flat battery, damaged, write-offs, run runners, rust to frame, 2014 model, subject to conditions. Same day collection service (cash today)

**0750 2255522**

Free Stamped Addressed Envelope to the DVLA  
Open 7 days 7 till 8

Notification Guaranteed

local local local local local local local local local local

**Cars Wanted (Trade)**

## MOTORBIKES WANTED

Good or bad.  
Anything considered.  
MoT or not.

**01708 555929**

7 days - Within the hour pick-up

## WANTED

**Cars & Vans**  
Any Make • Any Condition  
**TOP PRICES PAID**  
**£100-£10,000**

**ANYTHING CONSIDERED**  
Unwanted & Scrap Vehicles bought for Cash!!  
**FULLY LICENSED MOTOR TRADER**



PLEASE CALL

**0781 061 2655**

**BORED?**  
visit  
**www.yellowad.co.uk**

**ALL UNWANTED CARS & VANS BOUGHT FOR CASH**

ANY MAKE, YEAR, OR CONDITION.  
POLITE SERVICE,  
INSTANT DECISION,  
7 DAYS A WEEK

**020 8524 6571  
07931 431262**

**WE GUARANTEE TO PAY**

**£220+**

FOR ANY SCRAP VEHICLE  
SAME DAY COLLECTION

**07867 591 090**

**WE PAY WHAT WE SAY**

## CARS WANTED

**CARS, VANS, MOTOR BIKES, CLASSICS**

**WANTED  
GOOD OR BAD**

**MoT or not £50 to £5,000**

**8am till 9pm within 30 minutes**

**01708 555 929**

**anything considered**

**Cars and Vans Wanted  
from £300-£3000 MoT or not**

**WITHIN 1 HOUR OR BY APPOINTMENT**

**01708 804 799**

**anything considered**

## WANTED NOW!!

**Your Old Cars, Vans, Bikes  
Good, Bad & Ugly**

**7am - 11pm**

**30 minutes collection**

**£100 to £10,000**

**01708 523 600**

**All areas, Anything goes**

**£CASH 4 CARS£**

Any car, van, motorbike,  
classic car, anything considered

**£50 - £5,000**

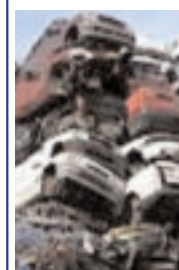
**01375 391 350**

**ONE HOUR COLLECTION**

**24 HOURS - 7 DAYS**

**ALL AREAS COVERED**

**SCRAP CARS WANTED**



**All Makes & Models**

**£300+**

**Within One Hour  
7 days a week**

**07985 496 888**

**Subject to condition of vehicle**



## Cars Wanted

# WANTED TODAY

## CARS • VANS • BIKES

GOOD, BAD OR SCRAP

**£100 TO £1000 CASH PAID**  
**ANY CONDITION**

**01708 503 685**  
**07751 056 001**

**7 DAYS TILL LATE • 1 HOUR PICK UP**

## Garage Services



**MoT's** Group 4 – £50.00  
 Group 7 – £55.00

- MoT Repairs
- Servicing
- Air Conditioning Recharge & Servicing
- Mechanical Repairs
- Tyres at Low Prices

**FREE LOCAL DELIVERY & COLLECTION**  
**All major credit cards accepted**

**Unit C10,**  
**Sutton Business Park,**  
**New Road, Rainham,**  
**Telephone: 01708 525114**  
**Fax: 01708 552904**



To advertise in this section please telephone

**YellowAdvertiser**

01268 503400

## motoring news

# Cold comfort

By Jonathan Crouch

IT'S the same every winter. Cars in ditches. Calls for more gritting. Queues at pathetic speeds on the snow. Another year. Another generation of motorists inadequately prepared for the season.

How do we cope? By all going out and buying SUVs and 4x4s? Not necessarily. Even if we could all afford to do that, it wouldn't necessarily solve the problem. There are, after all, plenty of circumstances where an ordinary Ford Fiesta will cruise easily up an icy slope that would defeat a Land Rover Discovery - if the Ford was on the right tyres.

There's a bewildering choice of winter rubber on the market. Where to start? Perhaps with the state-of-the-art. Dunlop's latest WinterSport 4D tyre is a high performance design that sits above the more family-orientated SP Winter Response tyre in the company's range. It claims to move the market for winter tyres to a new dimension - so I flew to arctic Sweden to try it.

The reasons why are to be found in the unique technology of this new rubber and its clever '4D sipe' system. A 'sipe', you'd be forgiven for not knowing, is an ultra-thin groove made in the tyre's tread that enhances both traction and grip. The 3D sipes on Dunlop's previous WinterSport design were already enough to win it a whole clutch of awards and adding the fourth '4D' transversal sipe that gives this tyre its name makes all the difference - more contact with the road and greater lateral performance and grip.

Putting this tyre to the test back-to-back with competitors on the frozen lake that Dunlop had laid on near the central Swedish town of Are would, I was confident, properly test the technology and give me a greater insight into the real benefits of winter rubber.



Both front and rear-driven cars, Audi A3s and BMW 3 Series models, had been provided for the purpose, with the Audis first up on a frozen ice oval track. Our first test pitted cars with the new 4D against others using Dunlop Winter tyre technology two decades old, our hosts wanting to underline just how far this market has come in the last twenty years. The point was well made, the Audis shod with more modern rubber turning in quicker and sliding much less than their counterparts.

But next was the crucial test: a fleet of rear-driven BMW 3 Series saloons fitted with WinterSport 4Ds, the others featuring the best alternative winter tyres that competitors Michelin and Pirelli could offer. First I tried a car with Pirellis which slid and oversteered luridly. The Michelin-shod 318d I tried next was better but the car fitted with the Dunlops comprehensively out-pointed it. Turn-in was sharper, lateral grip was more reassuring and even when the car broke away from you, it was easier to bring it back into line.

These conditions are exactly what the majority of British motorists attempt to use summer tyres in several times every winter, putting themselves, their loved ones and other road users at risk. It's about time we all thought a bit more carefully about it - for safety's sake.

## Cars Wanted

**CARS WANTED - CARS WANTED**  
**CASH TODAY.**

**1 HOUR ANYWHERE**  
**£275 min - £10,000 max.**

MoT or not, good, clean or damaged.

**020 8442 8244**

High or low miles.  
 7 days, 24 hours

## Mobile Mechanics

**ANYTIME ANYWHERE**  
**MECHANICS**

**SERVICING & BREAKDOWN**

**07836 762959**



**To Advertise**  
**in the Motors**  
**Section of**  
**your Yellow**  
**Advertiser**

*Call now on*

**01268**  
**503400**

**SPRING**  
**OFFER\***

**Box ad**  
**25 words**  
**including price**  
**and phone**  
**number**  
**£10 inc**  
**per week**

**Box ad**  
**25 words**  
**including price,**  
**phone, number**  
**and picture**



**£15 inc**  
**per week**

**Your ad will go into**  
**4 of our editions:**  
**Walthamstow,**  
**Ilford/Redbridge,**  
**Barking/Dagenham**  
**& Chingford Times**  
**\*Book 2 weeks and**  
**get the 3rd free**

**Please call: 01268 503452**  
**and Speak to Mo**



# Yellow Classified

www.yellowadvertiser-today.co.uk

## Selling something?

**BARGAIN ADS UNDER £100**

**Call 0905 624 0595**

Calls cost £1.02 per minute from a BT Landline. Other networks may vary, calls from a mobile could be considerably higher. Text VASERAD (space) Adverts up to a maximum of 150 characters and sent to 85149. Texts cost £1.02 plus standard network rates. If you do not want to receive details on any other products or services, please text the word COT at the end of your message. Your advertisement will appear in the next available edition. We do not accept bargain ads under £100 by fax, post or in person.

**BARGAIN ADS OVER £100**

**Call 01268 503 400**

Minimum charge £9.00 • 9.00am-5.00pm

## Business Advertising

### By phone

Recruitment: **01268 503 420**

Classified: **01268 503 430**

Monday-Thursday 9.00-5.30

Fri day 9.00-5.00

Calls may be monitored

### By post

Yellow Advertiser

Acorn House

Great Oaks, Basildon,

Essex SS14 1AH

### By fax

**01268 503 418**

**01268 503 419**

**01268 503 455**

### In person

Pop into our town centre office

Monday-Thursday 9.00-5.30

Friday 9.00-5.00

Acorn House, Great Oaks

Basildon

To advertise  
in the  
Classified  
section of  
this paper  
call now on  
**01268 503400**

## Funeral Directors

The **co-operative** funeralcare

*Our caring staff are here to listen and advise you, 24 hours a day, 7 days a week.*

- Funeral Pre-Payment Plans - Memorial Masonry

**Barking** 75 Longbridge Road  
**020 8594 3220**

**Dagenham** 521 Gale Street  
**020 8595 6783**



## Public Notices

**PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) REGULATIONS 1990**

**NOTICE UNDER REGULATION**

**TOWN AND COUNTRY PLANNING (GENERAL DEVELOPMENT PROCEDURE) ORDER 1995**

**NOTICE UNDER ARTICLE 8**

The following developments affect the character or appearance of the relevant conservation area:

**2978/10/01 Applicant:** Littlecroft Properties Ltd **Address:** 1, Riches Road, Ilford, Essex, IG1 1JH **Description:** External appearance and design (Condition 1): EXTENSION TO TIME LIMIT IMPOSED ON APPLICATION NO. 1681/04: Eight storey building with A1 (retail), B1/A2 (offices) on ground floor and 24 (one and two bedroom) flats on upper floors. (SUMMARY). The proposed development is a major development as defined by Article 8.

**0516/13 Applicant:** Mr. O Khan **Address:** 173, Longwood Gardens, Ilford, IG5 0EN **Description:** New signage to side facade. (Planning Permission sought under Application No. 2476/12) LISTED BUILDING CONSENT **0310/13 Applicant:** Mr. R Khanam **Address:** 100, Levett Gardens, Seven Kings, Ilford, IG3 9BX **Description:** Demolition of the existing garage, a single storey side extension, rear conservatory, a loft conversion with front and rear dormers and a rear velux window and a rear outbuilding. Front porch (SUMMARY). AMENDED DESCRIPTION **Mayfield Conservation Area 0475/13 Applicant:** Mr. S Austria **Address:** 39, Clavering Road, Wanstead, London, E12 5EY **Description:** Demolish existing conservatory. Single storey rear and side extensions. Loft conversion with three rear dormers. New window to flank wall. **Aldersbrook Conservation Area**

**0494/13 Applicant:** Mr. M. Watson **Address:** 13, Herongate Road, Wanstead, London, E12 5EJ **Description:** Demolish existing rear extension. Single storey rear extension (SUMMARY). **Aldersbrook Conservation Area 0344/13 Applicant:** Mr. A Tagliamonti, A & I Scoffs Group **Address:** 688-690, Chigwell Road, Woodford Green, IG8 8AH **Description:** Change of use from (A1) Retail shop to (A1/A3) coffee shop. Installation of external retractable awning and external seating area to frontage. **Woodford Bridge Conservation Area**

**0514/13 Applicant:** Mr. Puri Pure Residential Snaresbrook Ltd. **Address:** The Lodge, Snaresbrook House, 4, Woodford Road, London, E18 2UB **Description:** Single storey rear extension with hipped roof over. Alterations to front porch. Formation of new door to North elevation. Removal of chimney and internal refurbishment works. Retrospective. (Summary) **Snaresbrook Conservation Area**

**0432/13 Applicant:** Fort Enterprise (South East) Ltd. **Address:** Former White Hart Public House, 692-694, Chigwell Road, Woodford Bridge, IG8 8AL **Description:** Demolition of single storey side extension. New single storey, part two storey side extension to western elevation, single storey side extension to eastern elevation. Single storey and two storey rear extension to provide new retail, cafe and office facilities. Alteration to existing fenestration and new entrance door. Associated parking and landscaping. **Woodford Bridge Conservation Area**

**0381/13 Applicant:** Ms. C Man **Address:** 72, High Street, Wanstead, London, E11 2RJ **Description:** Demolish existing single storey rear extension, and removal of chimney flue. Erection of three storey rear extension to refurbish existing flat and create an additional three self contained units with glass balconies. One skylight window. (Summary) (Conservation Area Consent sought under Application No. 0408/13). **Wanstead Village Conservation Area**

**0466/13 Applicant:** Mr. N Aricioglu **Address:** 1-2, Johnston Road, Woodford Green, Essex, IG8 0XA **Description:** Replacement and re-location of extractor flue to side elevation. **Woodford Green Conservation Area**

Applications can be inspected at the Council's First Stop Shop on the ground floor of Lynton House, 255-259 High Road, Ilford Essex IG1 1NN until 21 days from the date of this notice between the hours of 8.30am and 4.30pm Mondays to Fridays and 9.30am to 4.30pm Wednesdays. If you require information contact the planning Services on 020 8708 2053. Representations should be made in writing to Planning Service s within 21 days of the date of this notice. Fiona Dunning – Head of Development Management. 28th March 2013. DM No: 80106589

**LONDON BOROUGH OF REDBRIDGE**  
**Town and Country Planning (General Permitted Development) Order 1995 (as amended)**

**The London Borough of Redbridge (Wanstead Village Conservation Area) Article 4(1) Direction 2012**

**Notice of Article 4 (1) Direction**

NOTICE IS GIVEN that London Borough of Redbridge has confirmed a Direction under Article 4(1) of the Town and Country Planning (General Permitted Development) Order 1995 (as amended), hereinafter referred to as the 'GPDO'. The Direction was made on 4th December 2012 and was confirmed by the Council on 22nd March 2013. It applies to the addresses set out below comprising part of the Wanstead Village Conservation Area:

Numbers 1-47 Spratt Hall Road inclusive (excluding the Police Station). The effect of the confirmation of the Direction is that the previous Direction for 2009 is now cancelled and that certain permitted development rights (granted under Parts 1, 2, 31 and 40 of the GPDO), are now withdrawn and that such development within the defined area will therefore require planning permission, including:

- Alterations to or the removal of features from the property,
- Replacement of windows and doors,
- The erection of a porch,
- The laying of hard surfaces in gardens,
- The erection/demolition of a gate, wall or fence
- The installation of solar panels/satellite dishes
- The installation, alteration or replacement of a flue, forming part of a biomass heating system

(Note: the above is a summary of the effect of the Direction)

The Direction can be inspected at the Council's One Stop Shop at Lynton House, 255-259 High Road, Ilford, IG1 1NN, and can be viewed on line at [www.redbridge.gov.uk/planning](http://www.redbridge.gov.uk/planning).

## Display Recruitment

**HOME CARERS REQUIRED WITHIN HAVERING AND SURROUNDING AREAS**

**If you are flexible, reliable, compassionate and caring we would like you to join our team. No experience necessary. Car drivers preferred**

We will offer you:-

- ★ Up to £9.20 per hour
- ★ Paid holiday
- ★ Excellent training
- ★ CRB
- ★ Uniform
- ★ Specialist training opportunities to further your career



For further information regarding careers in care telephone 01708 472 911 or email: [homecare@johnstanleys.co.uk](mailto:homecare@johnstanleys.co.uk)

**"Open Week" starting Monday 25th March 2013.**

Come and see our friendly recruitment team at 58 Station Lane, Hornchurch, Essex RM12 6NB

**John Stanley's Care Agency Ltd**

(part of the Manorcourt Homecare Group)

Committed to Equality For All

[www.manorcourtcare.co.uk](http://www.manorcourtcare.co.uk)



**CLASS 2 MULTI-DROP DRIVERS REQUIRED**

**Night or Day shifts available.**

10 to 15 drops per day to Coffee Shops. Based out of Dagenham, Essex. Delivering to London and the South East. Potential to earn £600+ per week. Must have 2 years experience – 6 Points Max.

**Call: 01908 244898**

(Monday to Friday between 9am-6pm)  
Or email: [leo.edwards@gigroup.com](mailto:leo.edwards@gigroup.com)

## Public Notices

**Pursuant to the Trustee Act 1925**  
**Re Thomas John Sperring**  
**- Deceased**

NOTICE IS HEREBY GIVEN that any persons having a claim against or an interest in the estate of Thomas John Sperring, late of 15 Joan Gardens, Dagenham RM8 1QX who died on 6th December 2012 and whose will was proved at the London Probate Registry on the 13th March 2013 by Mr Andrew Lawrence Singer the sole Executor named in the said Will is hereby required to send particulars in writing of his claim or interest to the undersigned, the Executor for the said deceased on or before the 30th May 2013 after which date the Executor will proceed to distribute the assets of the said Deceased amongst the persons entitled thereto having regard only to the claims and interests of which we shall then have had notice. Dated: 28/03/2013.

For the said:  
Mr Andrew Lawrence Singer,  
32 South Row, London SE3 0RY

**ADVERTISE YOUR BUSINESS**  
**Yellow Advertiser**  
**01268 503400**

## Articles Wanted

**OUTBOARD MOTOR WANTED.** For repair project. Runner or non-runner. Mercury, Yamaha etc 5hp to 100HP anything considered may take complete boat if still attached 01268 765086

## Bargain Buys

**BOYS CLOTHES** from 4-8yrs, big bundle, clean, exe cond, some new, £30. **BOYS AGE 2**, NEW, BLACK LEATHER JACK-ET, Harley Davidson emblems & motifs, £15. **BEECH EFFECT BOOK SHELF** display unit, 60cm x 90cm, as new, £5. **MASSES BOOKS** from baby through to end primary school, inc many Mr Men books, activity books, reading books, all as new, from 50p. **LARGE TOY GARAGE**, £8. **COLLECTION APPROX 150 VARIOUS VEHICLES & CARS**, £15. **THOMAS TANK BOYS**, books, backpack, duvet set, games, puzzles, money box, items from £1. **M&S Dr Who** time travelling action games & posters, as new, £8. **STAR WARS ITEMS**, plaster creations, 2013 annual, reading books, poster, from £1. **SPI-DERMAN ITEMS**, brand new story books, stickers, activity game, sleeping bag with own rucksack, vgc, from £1. Tel 01375 859880. **TRACY ISLAND**, £10. Tel 01375 859880.

## Tuition

## EXPERT TUTORS

**Tutors available for private tuition. All subjects. All areas 9am-9pm. All 7 days**  
Tutors welcome  
**020 8578 3943**  
**07957 351 603**

**FOR FAST RESULTS**  
**YELLOW ADVERTISER**



## Bargain Buys

**CD/DVD PROLINE MICRO SYSTEM** iPod dock, speakers & remote control, hardly used, instruction book available, £20. **WHITE MICROWAVE**, Cookworks 700 watt, £10. **DENBY VINTAGE DINNER SERVICE** (1977), 6 dinner plates, medium plates, side plates & bowls, 1 meat platter, 2 serving tureens with lids, gravy boat with saucer, £75. **MAHOGANY REPRODUCTION SIDBOARD**, Three small drawers, glass display shelf under, 80cm high 140cm wide 40cm deep. Some small marks but otherwise in good polished condition. £40. **CD/DVD Proline micro system** with iPod dock, speakers and remote control. Hardly used. Instruction book available. £20. Tel 07939 524304 (Leigh).

**BABYS CHRISTENING PRESENTS** unused, all still boxed, as new, two Royal Doulton three piece bowl, plate & cup sets, Peter Rabbit & Bunnies, Royal Mint silver plate baby rattle, Walt Disney Pooh bear ornamental money box, Christening wish china plate, Royal Doulton small christening money box, items from £5. **BEAUTIFUL QUALITY SOFT ANIMAL CUD-DLY TOYS**, teddies, rabbits, etc, clean & as new, inc lovely big white fluffy dog, items from £1. **BEAUTIFUL BABY BLANKET** COVER for pram or cot, clean, as new, £2. **IN THE NIGHT GARDEN NIGHT LIGHT & MAIN LAMP SHADE**, as new, will separate, £4. **MOBILE** inc boats, trains, aeroplanes, from £1. Tel 01375 859880.

**TV/DVD** Quality 19inch acoustic solutions white LCD television. WS HD Ready LCD with integrated freeview & DVD like new only used twice bargain £75. **FRIDGE**, Beko, Silver, under counter type, few marks on top but good condition otherwise. £25. **BMX bike** black HARO F series, 20 inch tyres, spoke wheels, gyro, tekro brakes, cost £285, excellent cond., bargain at £90. Tel 07939247339.

**FANTASMA MAGIC SET** Ben 10 game, four in a row, connect 4, many M&S & ELC activity toys, keyboard, many more, boxed as new, items from £1. **BOYS DRESSING UP CLOTHES**, inc Star Wars with head gear, Harry Potter, Spiderman, Pirates, many more, clean & gc, from £2. **DISNEY CARS LARGE TOY BOX**, £10. **BOYS DUVET SETS**, from £5 each. Tel 01375 859880.

**SINGLE PADDED BED-SPREAD** pale lemon & cream, fits all round bed to floor, washable, £8. **MEDIUM COLOURED WOOD CURTAIN POLE**, extra rings, round knobs each end, 6ft 6 1/2 inch across outer edge, £15. **CREAM ROLLER BLIND**, trim on bottom edge with button, thin wooden rod through middle, fit window 5ft 9in with at least 4ft drop, can be cut to size, £12. Tel 01277 624968.

**DELUXE RECLINING BIKE BABY SEAT** plus all attachments & fittings, brand new, never used, cost £60, accept £25. **FISHER PRICE BOUNCE & SPIN ZEBRA**, suitable 12mths plus, brand new, boxed, unwanted gift, cost £54.99, accept £30. **BABY CYCLING HELMET**, brand new, never used, accept £10. Tel: 07847 476287.

**LADIES NEW VERSACE JEANS** size 6, white, £34. **LADIES VERSACE BIKINI**, size 6-8, tutti frutti, new with matching bag, £29. **VERSACE BRACELET** with lots charms, new, £25. **VERSACE LADIES SANDALS**, size 4, tutti frutti, boxed with carrying bag, £55. **VERSACE MENS JEANS**, new, size 32, £44. Tel 07500 017161.

**THREE BOYS SUSPENSION MOUNTAIN BIKES** 24in wheels, from £55. **GIRLS TOURING MOUNTAIN BIKE**, 24in wheels, £30, all exe cond. Tel 01268 767959. **GOLF CLUBS**, 3 Woods & 9 Irons plus Putter, Bag, Trolley, Specially suitable for taller person, £30.00 bargain. Tel 01268 425508.

**COMPLETE SET ARNOLD PALMER CARBON FIBRE GOLF CLUB** inc bag, all exe cond, only £50. **THREE CD PROGRAMMABLE STEREO UNIT** with radio & cassette functions, two speakers, all ewo, only £20. Tel 01375 385132.

**THREE QUILTED RECLINING CHAIRS** one umbrella, four cushions, green & pink floral design, cost £250, accept £80.00. 29 KITCHEN DOORS, solid oak, various sizes, £50. **COFFEE TABLE**, oak, very nice-ly grained, modern design, 28 x 48, cost £300, £100.00. Tel 01277 810854.

**FRIDGE FREEZER** white, Bosch, model KGV36V10GB-05, cost £395, accept £99, buyer collects. **BROWN PANASONIC MICROWAVE**, 800watt, £5. **WOODEN CUTLERY DRAWER INSERT**, six sections, 51.25cm x 41.25cm, £5. Tel 07806 546667.

**MAMAS & PAPAS** zeddy & rhubarb design, cotbed quilt, valance, bumper, fleece blanket, light shade, cot mobile, curtains, blackout curtains, tiebacks, changing mat, wall paper border, £60, originally £260. **MAXICOSI**, XP child seat, £25. Tel: 01702 614048.

**BETTY BOOP COLLECTABLE ORNAMENTS** £30 each one. **WATERFORD CRYSTAL DECANTER & GLASSES**, £50. **DINING ROOM TABLE**, extending, solid dark oak, plus chairs, £100. **ETERNAL BEAD DINNER SET**, £25. Tel 01268 521116 or 07854 132405.

**12 VARIOUS MATERNITY/NURSING BRAS** Various cup sizes from 36DD to F and a few 38. Some pretty 'hotmilk' ones, some new and not worn. £3 each or all for £20 one. Chafford Hundred collection. Tel 01375 482069.

**WASHING MACHINE** white, modern, family size, vgc, can deliver, £95. **DOUBLE BED WITH CLEAN MATTRESS**, exe cond, can deliver, £95. Tel 01708 469127.

**ETERNAL BEAD** wide variety dinner, tea service & glasses, £75. **LE CREUSET SAUCEPANS**, both green, sizes 14, 16, 18, 20 & 22in, exe cond, £80. Tel: 01268 732697.

**2X BAGS OF BABY CLOTHES** 0-3 months/upto 3 months. Boys and unisex mix. All excellent condition. £10 a bag or both for £15. Chafford Hundred collection. Tel 07867836410.

**MOTHERCARE PLAY BEAD COT** white, vgc, £30. **MAMAS & PAPAS TRAVELCOT**, vgc, £20. **BOYS NAVY DECATHLON SKI SUIT WITH JACKET**, 18mths, £15. Tel 01708 474228.

**VERY FAST PENTIUM 4 HP DESKTOP** loaded windows XP pro, office XP, 17in flatscreen, keyboard, mouse, free set up & delivery, £60. Tel: 07795 363391.

**BEDROOM CABINET** blue coloured chest six drawers, as new, £25. **OAK EFFECT TV CORNER VIDEO UNIT**, £25. Tel: 01708 763186.

**TV UNIT** beech with shelf and two drawers 35" x 17" £15. **Rocker chair** oak high back with dark brown velour cushions £25. 01702 512849.

**FAST PENTIUM 4 SYSTEM** inc flatscreen, keyboard, mouse, XP & office, ideal internet, facebook, ebay, free delivery, £55. Tel 01268 766649.

**SINGLE BED** girls sweetheart full size bed with mattress, matt white, cut out heart headboard & footboard, exe cond, £100. Tel 07989 416756.

**BEAUTIFUL PINK GLASS CHANDELIER** five arm, exe cond, moving forces sale, was £250, accept £85, no offers. Tel 07525 04703.

**VERY FAST PENTIUM 4 LOADED XP OFFICE** screen, keyboard, mouse, ideal internet, facebook & ebay, free delivery, £55. Tel: 01268 766649.

**CHILD'S BIKE SEAT** blue, up to 22kg, £20. **TWO RED FULL FACE BMX BIKE HELMETS**, £5 each. Tel 07532 193554.

**VERY FAST PENTIUM 4 HP DESKTOP** loaded windows XP pro, office XP, 17in flatscreen, keyboard, mouse, free delivery, £60. Tel 07795 363391.

## Caravan & Camping

### 8 BERTH CARAVAN FOR SALE

at Camber Sands Holiday Park, Park Resorts  
Best Seaside Resort  
Site fees paid for 2013

**£10,000**

Call Jamie  
07737 717 545

## Pets & Livestock

### WANTED GOOD HOMES FOR RETIRED GREYHOUNDS

Ring Pat on  
01708 551 689  
Email: Pat@greyhoundhomer.co.uk  
Web: www.greyhoundhomer.co.uk  
(Charity 269668)

### WANTED GOOD HOMES FOR RETIRED GREYHOUNDS

Ring Pat on  
01708 551 689  
Email: Pat@greyhoundhomer.co.uk  
Web: www.greyhoundhomer.co.uk  
(Charity 269668)

## Musical

**THE PIANO MAN**, 20/30 reconditioned pianos. Tuning, Removals, Rental scheme. We collect unwanted pianos. 01268 541001, 01708 343455

## Wanted

**FOOTBALL PROGRAMMES WANTED**  
Local collector seeks especially pre-1970 items, Finals, European, England, Spurs, Arsenal, West Ham, Chelsea etc and whole collections.  
**01245 358 660**

## Building Plans

**PLANS**  
For Council approval  
Extensions from £250  
Loft conversions £500  
Inc structural calcs & spec  
stl\_paramjit@hotmail.com  
**07581 290 632**

## Building Repairs/Alterations

**PART £3,900\*** **COMPLETE £5,750 + VAT**

**CONVERSIONS INCLUDES**  
★ Roof window ★ Staircase ★ Suspended floor  
Fully insulated, electrics, heating  
**Phone 020 8529 1834**  
www.cosyloft.com

**All types of building repair work undertaken**  
Including extensions and renovations.  
**Tel: 08458 943 165**  
info@mcquade-buildingservices.co.uk

## Electrical Services

**IMMERSIONS HEATERS SOCKETS, LIGHTS, COOKERS INSTALLED, FAULT FINDING, SMALL JOBS** 02085515595

## Drains

**DRAIN PLUMBING SERVICES**  
ALL DRAIN ISSUES SOLVED  
DRAINS UNBLOCKED FAST  
• Manholes • Toilets  
• Sinks • Baths • Gullies  
• Drainage Relining  
• Pressure Jetting  
• Domestic/Commercial  
OAP DISCOUNTS  
No Call Out Charge  
**020 8524 5566**  
**07816 916 952**

## Fencing

**A K FENCING LANDSCAPE**  
10 Years Experience  
All Types of Fencing Supplied & Fitted  
Also: Turling, Decking, Block Paving & Railway Sleepers  
**020 8418 9788 or 07973 439 226**  
akfencing-landscaping.co.uk

## Gardening (Home Serv)

**ARTIFICIAL LAWN SPECIALISTS**

- HEDGE TRIMMING
- TREE SURGERY
- DRIVEWAYS
- GARDEN MAINTENANCE
- LAWN CARE & REPLACEMENT
- WEED CONTROL
- ARTIFICIAL LAWNS SUPPLIED AND INSTALLED
- FENCING, DECKING & PATIOS
- LANDSCAPING & PLANTING
- GARDEN MAKEOVERS
- GARDEN DESIGN SERVICE
- PRESSURE WASHING
- GIFT VOUCHERS AVAILABLE

**FREEPHONE 0800 587 2449**  
www.garden-line.co.uk  
Maple House High Street, Potters Bar EN6 3BS  
Email: info@garden-line.co.uk

**2 HOUR GARDEN TIDY £49 (inc VAT)**  
BUY ONE GET ONE HALF PRICE!

**GARDEN LINE**

**RAINHAM SHEDS**  
Log cabins now on display

Delivered and assembled free. Open 7 days a week.  
**Childrens Playhouses Available from £275 NO DEPOSIT REQUIRED!**

6x4	pent or apex	£284.00
7x5	pent or apex	£345.00
8x6	pent or apex	£389.00
10x6	pent or apex	£455.00
10x8	pent or apex	£680.00

MANY MORE SIZES MADE TO ORDER. ALL PRICES INCLUDE VAT.

Find us on the London-bound A1306 New Road  
Some sheds in stock, available for collection.

\*ESTABLISHED 25 YEARS\* MANUFACTURING GARDEN SHEDS  
New Road, Rainham, A1306 • 01708 557 819  
www.rainhamsheds.co.uk

**TREE SURGEONS**  
www.lewisiretreecontractors.co.uk  
ALL TREE WORK UNDERTAKEN

**FREE ADVICE & ESTIMATES**

- ✓ STUMP GRINDING AND REMOVAL
- ✓ FULLY INSURED FAMILY BUSINESS
- ✓ PROFESSIONALLY CERTIFIED NPTC ARBORIST

**07731 482775**  
**FREE PHONE 0800 028 9077**

## FOR FAST RESULTS YellowAdvertiser

## Handy Man

**HERE'S A MAN WHO CAN...**  
General handyman can do any job, big or small, including painting and decorating, plumbing, tiling and laminate flooring, gardening, kitchens fitted and quality repairs.  
Very competitive rates and quality assured at all times.  
**020 8270 3105**  
**07930 132 496**

**1ST CLASS HANDYMAN**  
RELIABLE, CLEAN & PROFESSIONAL  
No Job Too Small!  
• Painting & Decorating  
• Carpentry & Plumbing  
• Kitchens & Bathrooms  
• Tiling & Carbons  
• Landscaping & Patios  
• Driveways & Fencing  
FREE ESTIMATES!  
Andy 01708 606 050  
07957 053 888

## Locksmiths

**LOCAL LOCKSMITH**  
ALL LOCK ISSUES 24HRS

- ✓ Locks Opened
- ✓ Locks Replaced
- ✓ Locks Fitted (New)
- ✓ Extra Security
- ✓ Lost Keys
- ✓ Quick Entry
- ✓ UPVC Specialist
- ✓ UPVC Doors
- ✓ Safe's Opened

24hrs Boarding Up  
NO CALL OUT CHARGE  
OAP Discounts  
**Tel: 07816 916 952**  
**020 8524 5566**  
FULLY CERTIFIED  
www.uniquelocksmiths.co.uk

**BORED?**  
visit  
www.yellowad.co.uk

## Painting & Decorating

**INTERIOR DECORATOR**  
40 years experience  
Small building work carried out.  
**020 8527 3315**  
**07930 631 544**

## Patios & Drives

**DRIVEWAY REPAIRS SPECIALIST**  
LOW COST ALTERNATIVE  
**07806 803 333**  
ALL WORK GUARANTEED

## Roofing & Guttering

### Leaking flat roof? We have the SOLUTION !!

E.P.D.M Rubber Roofing	Felt
No joins	✓
No seams	✓
No leaks	✓
Approved installers	✓
Best prices	✓
20 year guarantee	✓

**We also undertake:**  
Upvc Fascias, soffits and guttering  
Replacement and repair

**DIRECT CLADDING**  
For free advice and quotation  
Freephone  
**0800 389 6598 mob: 07961 425001**  
Show this ad for genuine 10% discount

**ROOFING BRITAIN**  
All Aspects of Roofing + Guttering  
• New roofs and repairs  
• Felt roofing torch-on-felt  
• UPVC/ Soffits / Fascias + Guttering Etc  
Free Quotes and advice  
Call Michael  
FREE 0800 292 7769  
DIRECT 07543 792 101

To advertise in the Classified section of this paper call now on  
**01268 503400**

## Security Services

**SECURITY SERVICES**  
ALARMS FITTED FROM : £395  
CCTV FITTED FROM : £695  
ENTRY SYSTEMS FROM : £250  
EXTRA SECURITY LOCKS : £45  
FREE ESTIMATES  
078169 169 52 (24hr) - 0208 524 55 66 (Office)  
FULLY INSURED & CERTIFIED  
DONT DELAY SECURE YOUR HOME TODAY  
www.uniquelocksmiths.co.uk

## FOR FAST RESULTS YellowAdvertiser



## Skip Hire / Rubbish Removal

**ahern**  
www.ahern.co.uk

**SKIP HIRE**

**01708 865599**

**A & C Skip Hire**

2, 3, 6 & 8 Yards

Same Day Service

Fast & Reliable

**01708 760 812**  
**07538 847 178**

**A & C Skip Hire**

2, 3, 6 & 8 Yards

Same Day Service

Fast & Reliable

**01708 760 812**  
**07538 847 178**

**CHEAP SKIPS**

Fast, Reliable, Service

Excellent Rates

**020 8807 5948**

**A B C SKIP HIRE**

2, 3, 4, 6, 8, 12 yds Skips

Same Day Service

**01708 474 940**  
**0800 955 4940**

**Storage & Removals**

**MR BEE'S REMOVALS**

From £20 per hour

Reliable man with vans for removals. Single items to houses, flats, offices and clearance. Anytime, anywhere. Separate van for rubbish clearance.

**07404 045973**  
mrbeeremovals@hotmail.co.uk  
www.mrbeeremovals.com

**Windows & Doors**

**DOUBLE GLAZING PROBLEMS?**

Complete repair and maintenance service for

- Leaks
- Broken or misty sealed unit
- Locks
- Draughts
- Rubber Seals
- Hinges

We also offer a complete new window + door service. Conservatories our Speciality

**GLASS & GLAZING 020 8590 7733**

## Personal Services

*Glamour Girls uk*

visiting essex escort-massage

Call now:  
**01702 556500 or 07702 388070**

7pm till 7am

please call for website details

**HOT BABES**

escorts

IN CALLS AND OUT CALLS

**0845 154 6026**

{ Staff required }

**Essex Girlz**

**01702 555 455**  
**07774 671 615**

PLEASE CALL FOR WEBSITE DETAILS

VISITING GIRLZ

6pm to 6am

**LK** Premiere London Escorts

**07511 712 498**

www.lady4king.com

**'Speculate to Accumulate'**

Telephone: **01268 503400**

**YellowAdvertiser**

Multi edition rates on request

**XXX121 SEX CHAT 36P**

**STRAIGHT THRU! 0909 860 6682**

**OLDER LADIES 0909 860 9776**

TRANSEXUAL MASSAGE  
PHONE ANNE 01322 286087

## ADULT INTERESTS

Calls cost £1.53 per/min at all times. TEXT 87070 cost £1.50 per message. Mobile call charges may vary. JMedia UK, London, SW4 7BX. wc 250313

Simply dial the number below the advert!

**DIVORCED** single mum 33 looking to put a bit more fun back into life with likeminded male. Pls call, ACA. Tel No: **0906 500 6358 Box No: 370105**

**GEM** curvy brunette who loves life and living it to the full, looking for kind heart male to share fun, laughter, love and lots of good times. Tel No: **0906 500 6358 Box No: 393425**

**LORRAINE** petite attractive 32yr old outgoing single female looking for fun loving Mr Right to enjoy cosy romantic nights in with. Tel No: **0906 500 6358 Box No: 393331**

**ALISON** slim pretty lonely divorcee looking for caring supportive man who enjoys life and is looking to share it with me. Tel No: **0906 500 6358 Box No: 402255**

**ATTRACTIVE** curvy Jamaican female 37 who loves to party, cook/bake and have fun, looking for no strings adult companionship only with white male, any age. Tel No: **0906 500 6358 Box No: 393329**

**MAXINE** lonely heart, fun good looking single mum with GSOH seeks gentle considerate male to try and get to know better, dads welcome. Tel No: **0906 500 6358 Box No: 393329**

**DEE** buxom brown hair blue eyed naughty exhibitionist, looking for fun times with extremely broadminded man. Any age/looks/status. ACA. Tel No: **0906 500 6358 Box No: 375145**

**KEELY** blonde 18yr old, blue eyes size 10, busy, stays at home too much and looking for casual fun with older male with OHAC. Tel No: **0906 500 6358 Box No: 385377**

**BARBRA** stylish feminine professional, many interests, social, good natured, looking for trustworthy male for good company and romance. Tel No: **0906 500 6358 Box No: 375151**

**JUDY** 35, slim petite blue eyed pretty blonde, new to this, not sure what to expect but determined to find love, if you feel the same, pls call. It could be fun! Tel No: **0906 500 6358 Box No: 393461**

**SARAH** looking for good times and mutual interest sharing - open minded - age/looks and status not important. Call me you won't be disappointed. Tel No: **0906 500 6358 Box No: 393323**

**LORRAINE** curvy figured single mum who I Likes nothing better than a good cuddle with a nice glass of wine, just missing companion, pls call me. Tel No: **0906 500 6358 Box No: 393457**

**CAROL** 39yrs attractive slim brunette just looking for genuine caring man for romance, meals in and maybe more. Any age. Tel No: **0906 500 6358 Box No: 375575**

**TINA** fit single tall slim blonde female 27, loyal, sincere, looking for friendship hopefully leading to LTR. Single dad welcome. Tel No: **0906 500 6358 Box No: 388107**

**ATTRACTIVE** slim lady, striking green eyes, long blonde hair, likes animals, nights in/out, WLTm experienced male for fun friendship/relationship. Tel No: **0906 500 6358 Box No: 371573**

**JAN** 35yr old blue eyed blonde, outgoing, friendly, WLTm passionate guy to share good wine, good conversation, flirting and fun times. Tel No: **0906 500 6358 Box No: 368383**

**DEBBIE** attractive young looking divorced female, seeking male who wants but does not need a special someone in their life, single dad welcome. Tel No: **0906 500 6358 Box No: 390077**

**LYNN** 37 single mum, petite slim and very pretty, seeking caring funny guy to be with and become my Mr Wonderful. Dads welcome. Tel No: **0906 500 6358 Box No: 386633**

**JACKIE** 39yr old attractive busty lady looking for no strings adult fun. If you are wanting similar what are you waiting for, give me a call. Tel No: **0906 500 6358 Box No: 400453**

**KIM** slim brunette with lovely blue eyes and great figure looking for confident male friend with benefits. Age/status unimportant, pls call. Tel No: **0906 500 6358 Box No: 400805**

**SHARON** 33, slim blonde, blue eyes outgoing, attractive, looking to put some much needed fun back into life, seeks male 30-45yrs. ACA. Tel No: **0906 500 6358 Box No: 383047**

**JULIETTE** blonde blue eyed lady who loves to have fun and enjoy life, seeking similar passionate guy to let his hair down and have some serious fun with. Tel No: **0906 500 6358 Box No: 381725**

**EMMIE** 28yr old lonely single mum all out of love, looking for good company with male who can tame a confident beautiful sensual lady. Any looks. Tel No: **0906 500 6358 Box No: 381363**

**NINA** black beauty, classy 21, loves to have lots of fun, seeks older man who is willing to come up with a few new ideas for adult fun times. Tel No: **0906 500 6358 Box No: 381321**

**PRETTY** petite dark hair/eyed 28yr old divorced single mum, great figure, lots of interests, OHAC, seeks genuine male also looking for someone special in their life. Tel No: **0906 500 6358 Box No: 381721**

**CASSIE** 44yr old yummy tummy seeks big boy who loves food, let me spoil you, extremely over indulgent and pleasure guaranteed. Tel No: **0906 500 6358 Box No: 390995**

**SHARON** retired model 36, tall, attractive, considerate, easygoing, loves finer things in life, seeking well mannered male, 40-60yrs. Tel No: **0906 500 6358 Box No: 386635**

**SALLY** 34yr old nurse, slim build, attractive, likes meals out, seeks LTR with caring male who won't break my heart. Tel No: **0906 500 6358 Box No: 391019**

**KAREN** 38 slim and attractive seeking confident professional for companionship, status/looks unimportant. Tel No: **0906 500 6358 Box No: 392407**

**CAROL** 34, loves role play, dancing, sensual dress up, looking for fun with male 60-70yrs, discretion assured. Tel No: **0906 500 6358 Box No: 385639**

**JENNY** very feminine attractive mature classy female with beautiful blue eyes, looking for male to enjoy plenty of laughs and get to know. Tel No: **0906 500 6358 Box No: 386303**

**CAROL** looking for fun times with gent 50-70yrs with many interests and a real zest for life. Discretion assured/expected. Tel No: **0906 500 6358 Box No: 400499**

**JANINE** petite cute female who loves meals in/out, romantic strolls, WLTm interesting appreciative, independent man for ltr. Tel No: **0906 500 6358 Box No: 400803**

**ALI** 32 easygoing busty/curvy female with great smile looking for fun and adventure with open-minded manly guy. Can accommodate/travel. Tel No: **0906 500 6358 Box No: 377505**

**EMMA** 31, OHAC, dark hair/eyes, very outgoing and social, fit looking for rough and ready, laidback fella for fun times. Tel No: **0906 500 6358 Box No: 400801**

**MICHELE** very attractive black single mum, 32yrs, someone you could take home to your mother, seeking a one in a million guy. Tel No: **0906 500 6358 Box No: 391879**

**VOGUE ESCORTS**

Escort Agency

**24/7**

30 Minute Arrival

**020 8361 7000**

Call now for website details

New faces welcome:  
**07534 268 444**

**YOUNG ONES VISITING ESCORTS**

7pm till 7am

**01702 557 444**  
**07702 388 028**

*Girls4you* 24/7

Visiting most parts of Essex, London and Kent

**STAFF REQUIRED**

Call: **07922 141 762**

Please call for website details

## Adult Chat Line

**MILF40+**

TOTAL X-RATED FULL SEX HORNY LADIES!

**36P PER MINUTE**

**0982 505 1774**

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08448714497.

**MATURE LADIES LIVE 36P**

PER MINUTE

YOU'LL LOVE IT CALL NOW XXX

**0909 864 1041**

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08448714497.

**EXTREME QUICKIE SEX**

GET OFF ON YOUR PHONE

**36P PER MINUTE**

**0909 864 0213**

Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08448714497.

**36P PHONE SEX**

LIE BACK & PLAY

**0909 864 1381**


Calls cost 36p per minute + network extras. Calls recorded. Mobile users may receive free promotional messages. 18+ only. LiveLines Ltd PO6538 NN2 7YN. Help 08448714497.

**CHEAP CHAT**

**MEN: 0871 300 3556**

18+ Hidesk 0844 944 0844.  
0871 = 9p per min. Network extras apply.  
Live calls recorded. SP: 4D.

If you like the sound of an advert - then see their picture on your mobile!

If an ad has a  next to it, then the advertiser has sent in their photo. To receive a copy of the photo to your mobile phone, all you have to do is text: **HOTPIC(space)mailbox number** and send to **87070**.

# YellowAdvertiser

for your local  
**News, Sport & Leisure**



# YellowSport

For more news, sport, letters, comment, jobs, motors and more visit [www.yellowadvertiser-today.co.uk](http://www.yellowadvertiser-today.co.uk)

## Hammers secure Olympic Stadium

### West Ham United

WEST Ham United have been confirmed as the Olympic Stadium's long-term anchor tenants from 2016/17.

The Mayor of London and chair of the London Legacy Development Corporation (LLDC), Boris Johnson, and Newham Mayor, Sir Robin Wales made the announcement last Friday.

The Hammers, who will have a 99-year lease, will move into the stadium in summer 2016, after it is transformed into a UEFA Category 4 venue with 54,000 seats.

Transformation works will include a new roof, corporate areas, toilets, concessions and retractable seating.

West Ham will contribute £15million, Newham Council will invest £40million and the Government has agreed to provide additional support of up to £25million should it be required once the tenders are returned.

In a statement, joint chairmen, David Sullivan and David Gold, said: "It's fantastic for everyone at West Ham United that at last all the club's hard work over the past three years has paid off. Since we came to West Ham in 2010 we have had a vision to really take the club forward so West Ham United can compete on the pitch at the highest level.

"Today's decision offers us a real platform to do this and we are fully committed to making it a real success. We understand the responsibilities that come with calling the nation's iconic Olympic Stadium, which will

be converted into a world-class football stadium, our new home. It is an honour we will take on with pride."

Mr Johnson said: "This is a truly momentous milestone for London's spectacular Olympic Stadium ensuring its credible and sustainable future. Through this deal with West Ham United FC, we are defying the gloomsters who predicted this landmark would become a dusty relic.

The LLDC is looking to accommodate matches from the 2015 Rugby World Cup during the transformation work, but will depend on whether the stadium is selected as a venue.

The retractable seats all around the pitch will also allow the 2017 World Athletics Championships to take place as planned.

Leyton Orient chairman Barry Hearn issued proceedings in the High Court against the LLDC earlier this month for a judicial review in relation to the Olympic Stadium.

The claim relates to the bidding process, in which Orient believe they should have been 'teamed', meaning they should have been considered for a joint tenancy with the Irons.

At the time Hearn said: "I was concerned that this was a done deal for West Ham before the bidding began, but the fact that both clubs had to commit to teaming made me believe that we were getting involved in a fair process. However, the LLDC have not stuck by their own rules and have left Orient with no option but to challenge their decision in the Courts."



**FIREWORKS:** Images of the transformed stadium have been released

## Orient earn hard-fought point

### Leyton Orient

By Rowland Lyons at Deepdale

LEYTON Orient extended their unbeaten run to seven games with a battling point at mid-table Preston North End last Saturday.

In a game where the hosts dominated for long periods, it needed stout defending from skipper Nathan Clarke, Scott Cuthbert, Elliot Omozusi, together with some fine Jamie Jones goalkeeping, to ensure the east Londoners kept the top six within their sights.

Boss, Russell Slade, replaced the injured Martin Rowlands with Lloyd James and despite a bright opening, with the attack led by Kevin

Lisbie making only his second start since January, the O's soon found themselves under the cosh and Jones did well to parry Bailey Wright's point-blank effort, before Clarke worked overtime to keep the Orient goal intact.

It was much the same in the second half as the O's defence – playing into a biting wind – had to endure almost non-stop pressure, and their cause was hardly helped by the loss of Cuthbert to a knee injury soon after the restart.

But, Omozusi stepped up to the plate and put in a point-saving performance, and the O's could have nicked an unlikely win had Lisbie converted James's 70th minute slid rule pass, but the striker wanted another touch and on-loan Norwich keeper, Declan Rudd, made a

timely block.

Despite seeing a three-match winning run end, Slade's assistant, Kevin Nugent, admitted: "We'll take the point because I've got to be honest, it probably wasn't one of best performances of the season; but we dug out a result out there in difficult conditions, as well. We're happy with the point after that performance."

Nugent paid tribute to his defence: "If it wasn't for them, then we would have gone in a few goals down at half-time. That's what the team's about and it was a well-fought draw out there for us today."

■ Orient travel to struggling Scunthorpe on Good Friday (kick-off 3pm) and entertain Bury on Easter Monday (also 3pm).

## Lions end season without a victory

### Ice Hockey

THE LEE Valley Lions ended the season with an 8-4 home loss to Basingstoke Buffalo at the weekend, finishing their campaign without a win and at the bottom of the Southern Division of the National Ice Hockey League.

Theo Abban had temporarily levelled the scores early on before Buffalos went ahead 3-1.

However, Michael Crosse and James Gosling soon brought Lions back into the game at 3-3, and while Buffalo scored their fourth, Richard Hodge's goal made sure Lions were still in the match, and thoughts turned to whether they could get that first victory of the season.

However, Buffalos pushed on in the final period against a tiring Lions side to take the win and make it a season to forget for Lions.



**ACTION:** Lee Valley Lions' Michael Crosse was on the scoresheet

### Athletics

## Top ten finish for Havering's Hart

HAVERING Mayesbrook's Simon Hart shrugged off the cold, wind and sleet affected conditions to finish tenth in the Brentwood Half Marathon, winning the M45 age category on Sunday.

His time of 1hr 18:09, although three minutes down on time from last year, was still good in the wintry conditions.

One place further back in an equally good 1:18.50 was clubmate Steve Rand who repeated his 11th position from last year and was again third in the V40 category.

There was also a strong showing in the associated Brentwood Fun Run. Ross Moncrieff was fourth (18:19) and Kate O'Neill 14th (19:17) while Ed Laughlin (19:55) and Sophie Rand (20:40) both made the top 30 in 22nd and 29th respectively. Also taking part were Catherine Barker (71st 22:14), Abbie O'Neill (149th – 24:52) and Hannah Paton 32:52).

A long-standing club record was broken last week when vaulter Ed Thompson erased the club's U17 pole vault record which had stood since 1990.

Thompson's 3.72m indoor clearance at Carshalton added two centimetres to the previous best and 19 cms to his own PB.

## Road Runners up their game ahead of the Marathon

BARKING Road Runners were in action at a multitude of events last week as many members began to up their game in preparation for the London marathon.

James Lowndes ran well at Dartford's memorial 10 mile race finishing 18th overall in 1:05:23.

Vicky Cooper was the first lady home for Barking, claiming second place overall in her age category with an excellent time of 1:16:01.

Meanwhile, amidst the challenging conditions at Dorney Half Marathon, Andy Preston was busy running an impressive 1:43:44. Faye Spooner stopped the clock at 1:51:33, with Cristina Cooper (1:53:00) not far behind. Gareth Tucker was also busy representing Barking at Finchley 20. He ran the difficult course in just over three hours.

### Dagenham & Redbridge

## Daggers lose to Cod Army

DAGENHAM & Redbridge suffered disappointment, losing 2-1 at Fleetwood Town in League Two on Saturday.

The Daggers went ahead on five minutes after Shaun Beeley handled in the area and Medy Elito stepped up to convert the penalty.

The lead lasted a minute as Junior Brown's cross somehow eluded Daggers keeper Chris Lewington at the near post.

The Cod Army went on to boss the game and got the winner on 52 minutes thanks to Gareth Evans' 20-yard strike.

Daggers' interim manager, Wayne Burnett, said: "We didn't work their goalkeeper enough. But we controlled a lot of possession.

"I think they had one shot second half. It was a screamer, but I'd like to be able to take one shot and win a game. It wasn't meant to be.



# Barking and Dagenham YellowAdvertiser

EST. 1976



Your YA is  
inside this  
advertising  
wrapround

Thursday, March 28, 2013

## DAGENHAM *Sunday* MARKET

*DAGENHAM SUNDAY MARKET IS  
OPEN EASTER SUNDAY!*

*...AND THERE'S A FREE SHUTTLE  
BUS FROM BARKING STATION!*



**River Road open 9 till 3.30 every Sunday**

[www.dagenhamsundaymarket.com](http://www.dagenhamsundaymarket.com)

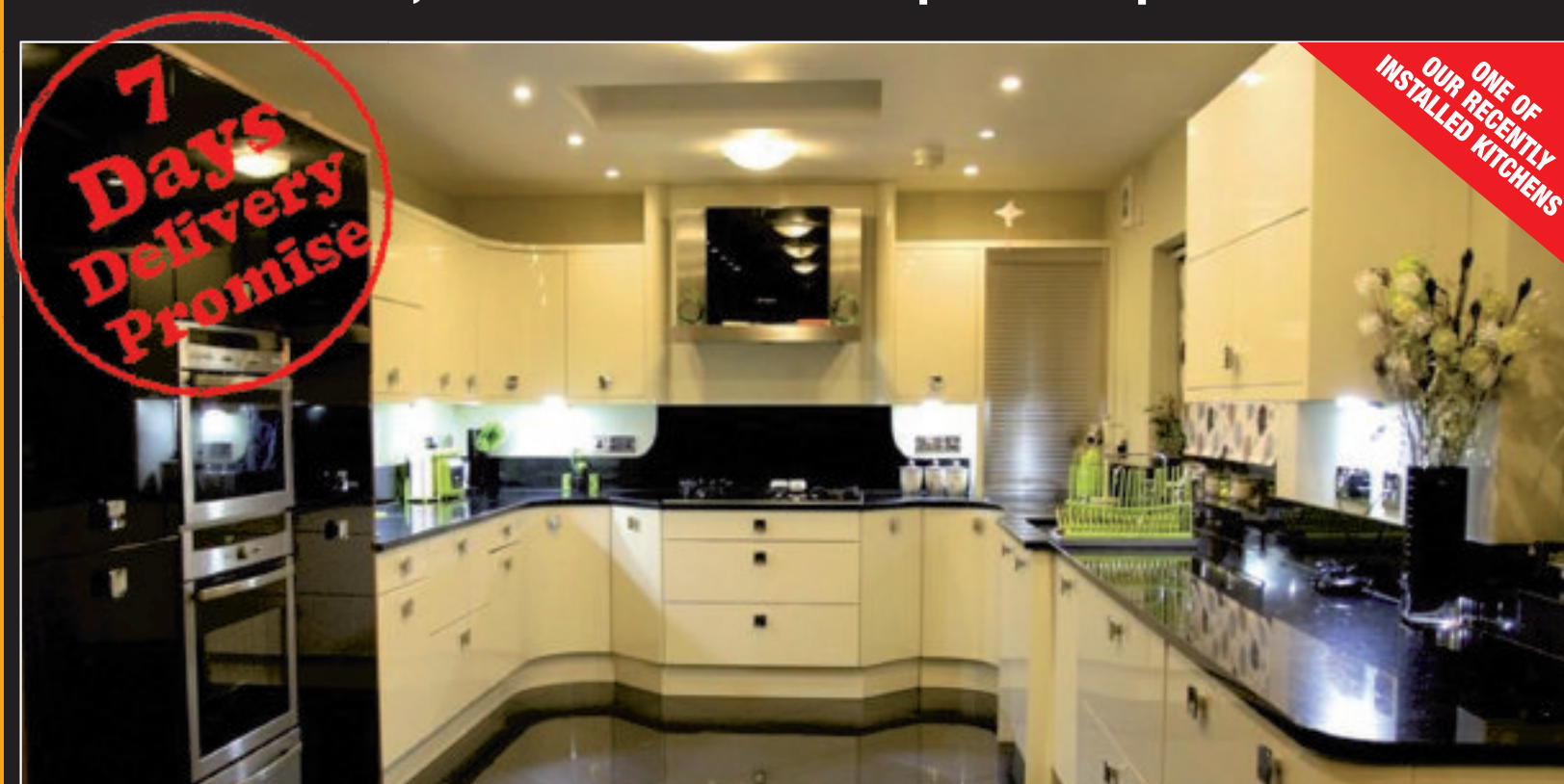
Tel: 01268 745550

SatNav - IG11 0DS



# Specialist kitchen designers and installers

Unique one-off designs & professional installation service  
Bosch, Neff and Siemens product partners



Bring in your Magnet and B&Q  
Quotation Compare Price, Quality, Service & Delivery

## net kitchens direct

Where quality really does cost less

Showroom at: 87-89 Wood Street, London E17

Appliances | Sinks | Taps | Granite / Laminate Worktops

Tel: 020 8521 2171  
[www.netkitchensdirect.com](http://www.netkitchensdirect.com)



**YellowAdvertiser**

**Fantastic Value Holidays**

**Newmarket  
Holidays**

PICK-UP POINTS • Barking • Basildon • Brentwood • Canvey Island • Chelmsford • Grays • Romford • Southend • Thurrock Services



4 days from  
**£219.00**

## Lindisfarne & The Alnwick Garden

Departs 7 June & 6 September 2013

Visit Alnwick one of the world's most exciting gardens with its Grand Cascade, famous Poison Garden and fabulous Tree House, and enjoy a tour of Northumbria's beautiful Heritage Coastline including Holy Island, or Lindisfarne as it's often known, cradle of English Christianity, on this wonderful break.

### Price includes

- Return coach travel
- Three nights' dinner, bed and English breakfast accommodation at the three-star Holiday Inn, Washington
- Entrance to The Alnwick Garden
- Visits to York, Bamburgh and Lindisfarne
- The services of a Tour Manager



4 days from  
**£175.00**

## Monet's Garden, Rouen & Paris

Departs 3 May, 26 July & 4 October 2013

The charming village of Giverny, former home of artist Claude Monet, is the highlight of this weekend break.

### Price includes

- Return coach travel
- Return Channel crossings via ferry/Eurotunnel
- Three nights' bed and continental breakfast accommodation at the three-star Best Western Maurepas Hotel, St. Quentin (or similar) on the outskirts of Paris
- A visit to Paris and Rouen
- A visit to Giverny, including admission to Monet's House and Gardens
- The services of a Tour Manager



2 days from  
**£105.00**

## Four-Star London Theatre Saturday Night Show

Departs May – October 2013

Our superb value London Theatre breaks give you the opportunity of seeing the top West End show of your choice plus the luxury of a night in a four-star hotel!

### Price includes

- One night's bed and full English breakfast in the four-star DoubleTree by Hilton London Ealing Hotel (a range of upgrade hotels in Central London are available for a supplement)
- Saturday night ticket from a superb choice of top shows
- Time in Central London for shopping and sightseeing

## Four-Star Amsterdam Bank Holiday Weekend

Make the most of the three-day weekend with this fantastic value four-star break to the vibrant city of Amsterdam.

Departs 24 August 2013

3 days from **£149.95**

## André Rieu & The Johann Strauss Orchestra

An unforgettable evening with André Rieu & The Johann Strauss Orchestra at the Capital FM Arena, Nottingham!

Departs 20 December 2013

2 days from **£179.00**

## Battlefields of World War One

Visit the poignant sites, memorials and cemeteries of the Somme and Ypres Salient on this exceptional break.

Departs 14 June & 8 November 2013

4 days from **£209.00**

## Cream of the Cotswolds

Stunning scenery, quaint honey coloured villages .... a holiday to the Cotswolds is always remembered.

Departs 30 September 2013

5 days from **£199.00**

## Edinburgh Tattoo, Lochs & Steam

A cruise, a steam railway journey and the magical spectacle of the Edinburgh Military Tattoo!

Departs 4 August 2013

4 days from **£295.00**

## The Beautiful Isle of Wight

Stunning coastal scenery, quaint villages and an old fashioned charm - have a holiday to remember!

Departs 17 June & 30 September 2013

5 days from **£259.00**

## Paris in the Summertime

Join us on this super-value five-day break and discover the wonders of the French capital.

Departs 7 August 2013

5 days from **£209.00**

## Strawberry Fields & Penny Lane

Take a trip on the "Ferry 'Cross the Mersey" and see the sights and places associated with the Fab Four.

Departs 18 May & 7 September 2013

2 days from **£99.00**

## Eden and the Lost Gardens of Heligan

Stay in beautiful Torbay and visit two of Britain's most fascinating attractions.

Departs 17 May, 6 Sept & 11 Oct 2013

4 days from **£219.00**

**For your FREE brochures, send completed coupon to:** Newmarket Promotions Ltd, **FREEPOST KT2720**, Worcester Park, KT4 8BR (NO STAMP REQUIRED).

Tick brochure(s) required: ☐ Lindisfarne & The Alnwick Gardens - ACS ☐ Monet's Garden, Rouen & Paris - MGR ☐ Four-Star London Theatre Saturday Night Show - BEF ☐ Four-Star Amsterdam Bank Holiday Weekend - ABJ ☐ Andre Rieu & The Johann Strauss Orchestra - ELR ☐ Battlefields of World War One - BWP ☐ Cream of the Cotswolds - AUW ☐ Edinburgh Tattoo, Lochs & Steam - ESH ☐ The Isle of Wight - IOW ☐ Paris in the Summertime - PIT ☐ Strawberry Fields & Penny Lane - STS ☐ Eden & the Lost Gardens of Heligan - ELH

**YEL**

Name \_\_\_\_\_

Address \_\_\_\_\_

Postcode \_\_\_\_\_ Tel \_\_\_\_\_

Email \_\_\_\_\_



**www.newmarket.travel/yel**



**0843 316 1109**

quoting code **YEL**







# QUALITY TILES

*at Factory Prices*

WWW.HOME-TILES.CO.UK



## NEW SOUTHGATE

UNIT 10  
LOWER PARK ROAD  
NEW SOUTHGATE  
LONDON  
N11 1QD

TEL: 020 8361 8547

## HIGH WYCOMBE

UNIT 12  
WYE INDUSTRIAL ESTATE  
LONDON ROAD  
HIGH WYCOMBE  
HP11 1LH

TEL: 01494 513 900

## LEYTONSTONE

395  
LEYTONSTONE HIGH RD  
LEYTONSTONE  
LONDON  
E11 3HW

TEL: 020 8558 8645

## WALTHAMSTOW

UNIT 24B  
UPLANDS BUSINESS PARK  
BLACKHORSE LANE  
WALTHAMSTOW, LONDON  
E17 5QN

TEL: 020 8531 9898

## RAINHAM

UNIT 2  
FORDVIEW INDUSTRIAL EST.  
NEW ROAD  
RAINHAM, ESSEX  
RM13 8ET

TEL: 01708 555 592